



1
00:00:29,170 --> 00:00:14,920
[Music]

2
00:00:41,190 --> 00:00:29,180
[Applause]

3
00:00:44,830 --> 00:00:41,200
[Music]

4
00:00:56,630 --> 00:00:44,840
open your eyes

5
00:01:06,710 --> 00:00:56,640
[Music]

6
00:01:08,950 --> 00:01:06,720
welcome to the center of light radio

7
00:01:11,510 --> 00:01:08,960
with spiritual teacher intuitive

8
00:01:13,830 --> 00:01:11,520
musician composer and best-selling

9
00:01:16,550 --> 00:01:13,840
author of the divine principle anchoring

10
00:01:17,670 --> 00:01:16,560
heaven on earth your host keith anthony

11
00:01:19,270 --> 00:01:17,680
blanchard

12
00:01:20,469 --> 00:01:19,280
coast to coast polar pole all around the

13
00:01:22,230 --> 00:01:20,479

world on the internet thanks for the

14

00:01:24,149 --> 00:01:22,240

marvel of technology i'm coming at you

15

00:01:26,390 --> 00:01:24,159

live from a little guest house in

16

00:01:27,830 --> 00:01:26,400

memphis tennessee this is keith anthony

17

00:01:29,910 --> 00:01:27,840

blanche and you're listening to center

18

00:01:32,469 --> 00:01:29,920

of light radio center of divine

19

00:01:35,830 --> 00:01:32,479

unfoldment and reinforcement

20

00:01:37,590 --> 00:01:35,840

the transformation station and radio for

21

00:01:39,910 --> 00:01:37,600

the soul

22

00:01:42,390 --> 00:01:39,920

metaphysics returns to memphis august

23

00:01:43,910 --> 00:01:42,400

5th and 6th at the agri international

24

00:01:46,149 --> 00:01:43,920

center in memphis tennessee for the

25

00:01:49,590 --> 00:01:46,159

memphis metaphysical fair

26

00:01:51,429 --> 00:01:49,600

host to psychic mediums

27

00:01:53,830 --> 00:01:51,439

tarot card readers crystal and stone

28

00:01:55,590 --> 00:01:53,840

healers and vendors native american

29

00:01:58,709 --> 00:01:55,600

motif wow that's going to be cool

30

00:02:01,830 --> 00:01:58,719

paranormal investigating and 20

31

00:02:03,510 --> 00:02:01,840

workshops over the two days

32

00:02:05,910 --> 00:02:03,520

and that's august 5th and 6th at the

33

00:02:08,710 --> 00:02:05,920

agricenter in memphis i am going to have

34

00:02:11,430 --> 00:02:08,720

a booth there um as well as do a

35

00:02:14,070 --> 00:02:11,440

presentation on radical transformation

36

00:02:16,150 --> 00:02:14,080

i'm very confident in my ability

37

00:02:17,910 --> 00:02:16,160

to get into your field and

38

00:02:19,990 --> 00:02:17,920

metaphorically push a few buttons and

39

00:02:22,550 --> 00:02:20,000

have you pop open and get a glimpse of

40

00:02:24,790 --> 00:02:22,560

the bigger reality and that wow factor

41

00:02:26,229 --> 00:02:24,800

is going to be motivating for you to

42

00:02:29,350 --> 00:02:26,239

begin to do the work that i will be

43

00:02:31,910 --> 00:02:29,360

offering through this presentation of

44

00:02:34,150 --> 00:02:31,920

radical transformation it's a ten dollar

45

00:02:36,790 --> 00:02:34,160

for one day event adult pass and sixteen

46

00:02:38,630 --> 00:02:36,800

dollars for both days military discounts

47

00:02:41,270 --> 00:02:38,640

are available children under twelve are

48

00:02:43,110 --> 00:02:41,280

free workshops range from zero to ten

49

00:02:45,630 --> 00:02:43,120

dollars each vendor boots are still

50

00:02:47,430 --> 00:02:45,640

available visit

51
00:02:49,830 --> 00:02:47,440
memphismetaphysical.com for more

52
00:02:51,830 --> 00:02:49,840
information kenneth pass recent guest on

53
00:02:53,509 --> 00:02:51,840
center of light radio many years ago

54
00:02:55,589 --> 00:02:53,519
when he was a young boy he was abducted

55
00:02:57,670 --> 00:02:55,599
by aliens and brought back ten thousand

56
00:02:58,630 --> 00:02:57,680
years if you're familiar with prophecy

57
00:03:00,150 --> 00:02:58,640
rock

58
00:03:03,350 --> 00:03:00,160
uh the people you've seen coming out of

59
00:03:04,949 --> 00:03:03,360
a crap on prophecy rock kenneth says and

60
00:03:07,270 --> 00:03:04,959
i tend to believe him that he is one of

61
00:03:10,070 --> 00:03:07,280
those people in those pictograph

62
00:03:12,309 --> 00:03:10,080
uh petroglyphs and what we're doing

63
00:03:14,229 --> 00:03:12,319

kenneth is a very simple kind of cat

64

00:03:18,229 --> 00:03:14,239

and

65

00:03:20,470 --> 00:03:18,239

we're having some success to give him a

66

00:03:22,869 --> 00:03:20,480

bus ticket back to arizona so he could

67

00:03:24,630 --> 00:03:22,879

find his hidden and alien technology

68

00:03:26,550 --> 00:03:24,640

that he confiscated from one of the

69

00:03:28,149 --> 00:03:26,560

aliens that really pissed him off and he

70

00:03:29,910 --> 00:03:28,159

buried him into a cave or wherever he is

71

00:03:31,750 --> 00:03:29,920

and he wants to go back and get this

72

00:03:34,949 --> 00:03:31,760

artifact so he could bring it to the

73

00:03:36,550 --> 00:03:34,959

hopi and the pueblo and he's going to

74

00:03:38,390 --> 00:03:36,560

log his journey and come back and for

75

00:03:40,710 --> 00:03:38,400

part two of center of light radio to

76

00:03:42,070 --> 00:03:40,720

tell us about his experience on the road

77

00:03:44,149 --> 00:03:42,080

with that you go to center of

78

00:03:45,509 --> 00:03:44,159

lightradio.com there's a lot of moving

79

00:03:48,789 --> 00:03:45,519

stuff happening but once the page

80

00:03:50,710 --> 00:03:48,799

settles you'll see a flying saucer

81

00:03:52,470 --> 00:03:50,720

and then you'll see a donate button

82

00:03:54,630 --> 00:03:52,480

anything you can offer our goal is to

83

00:03:56,550 --> 00:03:54,640

raise five hundred dollars we're almost

84

00:03:58,309 --> 00:03:56,560

there five hundred dollars to get a bus

85

00:04:00,309 --> 00:03:58,319

ticket to and fro and have some food to

86

00:04:02,229 --> 00:04:00,319

eat i would appreciate that and so with

87

00:04:05,589 --> 00:04:02,239

so with kenneth

88

00:04:08,550 --> 00:04:05,599

in september check this out

89

00:04:10,869 --> 00:04:08,560

this man right here this divine man

90

00:04:13,429 --> 00:04:10,879

swansea visceral yogi god realized man

91

00:04:15,990 --> 00:04:13,439

from india is returning to memphis and

92

00:04:18,550 --> 00:04:16,000

he's granting me yet again i'm such a

93

00:04:20,469 --> 00:04:18,560

blessed man to be in a powerhouse is

94

00:04:22,390 --> 00:04:20,479

experienced like this uh for another

95

00:04:24,230 --> 00:04:22,400

interview and the show the

96

00:04:27,110 --> 00:04:24,240

i think his tour is called healing the

97

00:04:28,629 --> 00:04:27,120

earth by purifying the waters so my gig

98

00:04:30,310 --> 00:04:28,639

is i have to come up with some pretty

99

00:04:31,830 --> 00:04:30,320

solid questions

100

00:04:33,110 --> 00:04:31,840

uh there's lots of questions i'd like to

101
00:04:34,870 --> 00:04:33,120
ask about myself you know you're

102
00:04:36,230 --> 00:04:34,880
speaking to god right

103
00:04:37,749 --> 00:04:36,240
but that's not the way of that's not how

104
00:04:40,310 --> 00:04:37,759
i function when i do these interviews

105
00:04:42,870 --> 00:04:40,320
with um god realized man swansea visa

106
00:04:45,909 --> 00:04:42,880
yogi um piece of information for you

107
00:04:48,150 --> 00:04:45,919
about who he is he was the first divine

108
00:04:50,230 --> 00:04:48,160
energy to set foot on the planet how

109
00:04:51,909 --> 00:04:50,240
ever many

110
00:04:56,629 --> 00:04:51,919
thousands upon thousands of years ago

111
00:04:57,830 --> 00:04:56,639
this is his ninth incarnation as

112
00:05:00,070 --> 00:04:57,840
yogi

113
00:05:01,590 --> 00:05:00,080

um so i'm looking forward to that we got

114

00:05:15,510 --> 00:05:01,600

i have more announcements i'm ready to

115

00:05:19,430 --> 00:05:17,110

getting down the center of light radio

116

00:05:22,070 --> 00:05:19,440

business my guest today

117

00:05:23,670 --> 00:05:22,080

is russell forsythe let me tell you a

118

00:05:25,990 --> 00:05:23,680

little bit about him

119

00:05:28,230 --> 00:05:26,000

he is a certified angel therapist who

120

00:05:31,029 --> 00:05:28,240

trained under wow i didn't see that

121

00:05:33,749 --> 00:05:31,039

under dr doreen virtue

122

00:05:36,790 --> 00:05:33,759

um and been in service as an energy

123

00:05:38,550 --> 00:05:36,800

healer practitioner since 2006

124

00:05:40,070 --> 00:05:38,560

russell also teaches classes and

125

00:05:41,990 --> 00:05:40,080

workshops and has developed a

126

00:05:44,150 --> 00:05:42,000

comprehensive training program for

127

00:05:46,710 --> 00:05:44,160

energy healers following angelic

128

00:05:49,029 --> 00:05:46,720

guidance he invented a unique crystal

129

00:05:49,990 --> 00:05:49,039

light table for use in energy healing

130

00:05:52,230 --> 00:05:50,000

sessions

131

00:05:54,469 --> 00:05:52,240

over the years russell has written a

132

00:05:57,510 --> 00:05:54,479

number of books has appeared on many

133

00:06:00,950 --> 00:05:57,520

radio shows and has selected to film a

134

00:06:02,629 --> 00:06:00,960

pilot tv show on angel readers

135

00:06:04,550 --> 00:06:02,639

russell currently writes a weekly

136

00:06:07,830 --> 00:06:04,560

newsletter called

137

00:06:10,790 --> 00:06:07,840

angel whispers which features a word

138

00:06:13,029 --> 00:06:10,800

study and channel messages from the

139

00:06:18,870 --> 00:06:13,039

angels you can find more about my guest

140

00:06:26,390 --> 00:06:19,590

and that is

141

00:06:30,390 --> 00:06:28,550

dot com welcome to center of light radio

142

00:06:31,990 --> 00:06:30,400

mr russell forsyth

143

00:06:33,189 --> 00:06:32,000

glad to be here keith thanks for having

144

00:06:35,189 --> 00:06:33,199

me on your show today it's really

145

00:06:37,590 --> 00:06:35,199

exciting for me

146

00:06:38,870 --> 00:06:37,600

i'm glad you were here sir uh you and i

147

00:06:42,550 --> 00:06:38,880

went through one

148

00:06:45,189 --> 00:06:42,560

hell heaven heck of a dance today

149

00:06:46,790 --> 00:06:45,199

about getting this new technology uh so

150

00:06:48,550 --> 00:06:46,800

listening audience i just want to say

151
00:06:49,670 --> 00:06:48,560
off the top that uh

152
00:06:50,950 --> 00:06:49,680
center of light radio as well as

153
00:06:52,950 --> 00:06:50,960
inception internet we're going through a

154
00:06:54,629 --> 00:06:52,960
lot of changes skype is being upgraded

155
00:06:56,150 --> 00:06:54,639
the learning curve is

156
00:06:58,309 --> 00:06:56,160
it can be something to deal with and so

157
00:07:00,950 --> 00:06:58,319
i pre we appreciate your patience while

158
00:07:02,950 --> 00:07:00,960
we go through this transformation period

159
00:07:04,710 --> 00:07:02,960
uh russell i was really impressed when

160
00:07:07,589 --> 00:07:04,720
you came highly recommended by a friend

161
00:07:09,350 --> 00:07:07,599
of ours um

162
00:07:11,510 --> 00:07:09,360
sikarsky

163
00:07:13,749 --> 00:07:11,520

amy yes i loved her interview on center

164

00:07:15,990 --> 00:07:13,759

flight radio and i started watching some

165

00:07:18,230 --> 00:07:16,000

of these really cool videos and doing

166

00:07:19,990 --> 00:07:18,240

some research uh even through my busy

167

00:07:21,830 --> 00:07:20,000

schedule about what you're doing with

168

00:07:23,670 --> 00:07:21,840

these crystal light tables let's at

169

00:07:27,270 --> 00:07:23,680

least start there tell me about this

170

00:07:29,189 --> 00:07:27,280

program of crystal light healing

171

00:07:30,870 --> 00:07:29,199

well um the programmer of the table

172

00:07:32,390 --> 00:07:30,880

which would you like to hear about oh i

173

00:07:34,150 --> 00:07:32,400

i thought my bad

174

00:07:35,670 --> 00:07:34,160

you walked me through beginning to end

175

00:07:38,230 --> 00:07:35,680

in the process in the sequential order

176

00:07:41,029 --> 00:07:38,240

that it needs to be um brought about

177

00:07:42,629 --> 00:07:41,039

well on my way out to a training program

178

00:07:44,230 --> 00:07:42,639

with dr doran virtue i was still a

179

00:07:45,749 --> 00:07:44,240

general contractor and i was going

180

00:07:48,870 --> 00:07:45,759

through my own healing crisis looking

181

00:07:50,790 --> 00:07:48,880

for answers to life like many of us do

182

00:07:52,950 --> 00:07:50,800

and i read this book called goddesses

183

00:07:54,950 --> 00:07:52,960

and angels and in that book she dorian

184

00:07:56,469 --> 00:07:54,960

virtue described her own crystal light

185

00:07:59,430 --> 00:07:56,479

bed healing

186

00:08:02,710 --> 00:07:59,440

and i got fascinated by it and uh the

187

00:08:05,189 --> 00:08:02,720

first person i met uh and walked around

188

00:08:06,710 --> 00:08:05,199

the workshop with turned out to be the

189

00:08:08,869 --> 00:08:06,720

person that gave her that was the

190

00:08:10,309 --> 00:08:08,879

practitioner for her crystal light table

191

00:08:11,110 --> 00:08:10,319

experience

192

00:08:13,430 --> 00:08:11,120

and

193

00:08:15,270 --> 00:08:13,440

i connected with that i was on her light

194

00:08:17,270 --> 00:08:15,280

table and um

195

00:08:18,790 --> 00:08:17,280

while i was on her light table i started

196

00:08:21,909 --> 00:08:18,800

getting blueprints

197

00:08:24,150 --> 00:08:21,919

uh in my mind about how to build my own

198

00:08:26,869 --> 00:08:24,160

light table and when i got through that

199

00:08:28,390 --> 00:08:26,879

session the only thing she said to me

200

00:08:30,150 --> 00:08:28,400

was russell you're going to be involved

201

00:08:31,749 --> 00:08:30,160

with the new technology

202

00:08:33,750 --> 00:08:31,759

and i said is that a light table she

203

00:08:35,509 --> 00:08:33,760

said i i can't tell you any more than

204

00:08:37,990 --> 00:08:35,519

what i just did and

205

00:08:40,550 --> 00:08:38,000

so i was impatient in a hurry and i

206

00:08:42,230 --> 00:08:40,560

found a manufacturer that made uh

207

00:08:43,990 --> 00:08:42,240

crystal light tables offered him eight

208

00:08:45,829 --> 00:08:44,000

thousand dollars and they promptly

209

00:08:47,350 --> 00:08:45,839

refuse and said we're not going to build

210

00:08:48,630 --> 00:08:47,360

you a table and we're not even gonna

211

00:08:51,990 --> 00:08:48,640

tell you why

212

00:08:55,430 --> 00:08:52,000

so um i was uh really disappointed uh to

213

00:08:57,910 --> 00:08:55,440

say the least and i came back to my home

214

00:08:59,509 --> 00:08:57,920

in austin texas and i started going over

215

00:09:00,710 --> 00:08:59,519

these blueprints i was seeing in my

216

00:09:03,269 --> 00:09:00,720

mind's eye

217

00:09:05,190 --> 00:09:03,279

and spent 15 months in the basement of a

218

00:09:08,310 --> 00:09:05,200

historic house

219

00:09:10,230 --> 00:09:08,320

designing and building the first uh one

220

00:09:12,790 --> 00:09:10,240

of my light tables which has gone

221

00:09:16,630 --> 00:09:12,800

through a few generations to get to this

222

00:09:21,509 --> 00:09:19,269

i saw the video and i love the fact that

223

00:09:23,269 --> 00:09:21,519

you have this led light

224

00:09:25,350 --> 00:09:23,279

with this crystal

225

00:09:28,150 --> 00:09:25,360

that was harnessing yet channeling the

226

00:09:29,750 --> 00:09:28,160

power of said light into

227

00:09:31,829 --> 00:09:29,760

the top people's heads with that was

228

00:09:33,509 --> 00:09:31,839

that on purpose or in the crown chakra

229

00:09:35,350 --> 00:09:33,519

or is are there different

230

00:09:37,110 --> 00:09:35,360

focal points that you use or is it

231

00:09:40,470 --> 00:09:37,120

always on the top of the head

232

00:09:42,550 --> 00:09:40,480

sometimes i use an extra crystal on the

233

00:09:43,590 --> 00:09:42,560

body depending on what we're working on

234

00:09:45,670 --> 00:09:43,600

but the

235

00:09:48,150 --> 00:09:45,680

i studied the work of dr marcel bogle

236

00:09:49,030 --> 00:09:48,160

who was a spiritual scientist for ibm

237

00:09:51,269 --> 00:09:49,040

and

238

00:09:53,430 --> 00:09:51,279

he developed a uh

239

00:09:55,829 --> 00:09:53,440

a lot of the crystal healing technology

240

00:09:58,949 --> 00:09:55,839

for today and the practitioner

241

00:10:01,590 --> 00:09:58,959

um uses the intent of the the person on

242

00:10:04,630 --> 00:10:01,600

the table to run energy through the

243

00:10:08,150 --> 00:10:04,640

crystal at an extremely high rate into

244

00:10:10,150 --> 00:10:08,160

the crown chakra delivering um

245

00:10:11,829 --> 00:10:10,160

in some cases cellular change throughout

246

00:10:13,910 --> 00:10:11,839

the entire body

247

00:10:15,829 --> 00:10:13,920

and that's that's what it's doing uh

248

00:10:19,750 --> 00:10:15,839

where when it's with it with its

249

00:10:22,870 --> 00:10:19,760

mounting russell you said channeling the

250

00:10:24,949 --> 00:10:22,880

practitioner's intention

251
00:10:27,110 --> 00:10:24,959
when what the question i'm searching for

252
00:10:28,790 --> 00:10:27,120
in my mind is

253
00:10:30,470 --> 00:10:28,800
i don't think you just basically turn on

254
00:10:32,630 --> 00:10:30,480
a pretty light and channel through put

255
00:10:34,710 --> 00:10:32,640
it through the crystal and or maybe you

256
00:10:36,949 --> 00:10:34,720
do shove your intention into the light

257
00:10:39,829 --> 00:10:36,959
is that what you're doing is a client's

258
00:10:41,509 --> 00:10:39,839
intention and they they speak to the

259
00:10:42,710 --> 00:10:41,519
practitioner about what their intention

260
00:10:45,350 --> 00:10:42,720
is and the

261
00:10:46,389 --> 00:10:45,360
a practitioner charges the crystal with

262
00:10:49,269 --> 00:10:46,399
breath

263
00:10:51,030 --> 00:10:49,279

and intention and then delivers that

264

00:10:52,550 --> 00:10:51,040

while the while the client's on the

265

00:10:53,910 --> 00:10:52,560

light table

266

00:10:56,790 --> 00:10:53,920

you know crystals are delivery

267

00:10:57,670 --> 00:10:56,800

mechanisms they're transducers they are

268

00:11:01,269 --> 00:10:57,680

um

269

00:11:02,630 --> 00:11:01,279

many computers their memory devices and

270

00:11:03,590 --> 00:11:02,640

they

271

00:11:06,310 --> 00:11:03,600

take

272

00:11:09,670 --> 00:11:06,320

energy of thought through the mind and

273

00:11:12,230 --> 00:11:09,680

through energy of the heart to create us

274

00:11:14,069 --> 00:11:12,240

a circular flow of energy that comes in

275

00:11:15,509 --> 00:11:14,079

the female side of the crystal and is

276

00:11:17,670 --> 00:11:15,519

delivered through the male side of the

277

00:11:19,509 --> 00:11:17,680

crystal right into the crown chakra it's

278

00:11:21,590 --> 00:11:19,519

quite an experience how do you go about

279

00:11:23,590 --> 00:11:21,600

determining what's the main on the

280

00:11:26,389 --> 00:11:23,600

female side of the crystal

281

00:11:29,509 --> 00:11:26,399

well there's that's pretty much uh

282

00:11:31,190 --> 00:11:29,519

easy uh part of the crystal technology

283

00:11:34,550 --> 00:11:31,200

for the most part

284

00:11:37,670 --> 00:11:34,560

um the female side is the um smaller

285

00:11:39,590 --> 00:11:37,680

side and the male side's the larger side

286

00:11:43,190 --> 00:11:39,600

and and that's in terms of

287

00:11:46,069 --> 00:11:43,200

angles too they're different angles

288

00:11:48,550 --> 00:11:46,079

so obviously the color that you're using

289

00:11:49,509 --> 00:11:48,560

on the light has a great variance or a

290

00:11:51,509 --> 00:11:49,519

great

291

00:11:52,870 --> 00:11:51,519

purpose on what you're hearing why

292

00:11:54,790 --> 00:11:52,880

you're healing where you're directing

293

00:11:57,670 --> 00:11:54,800

the energy so does the color of the

294

00:12:00,069 --> 00:11:57,680

light source play a role in

295

00:12:01,829 --> 00:12:00,079

the healing of the individual it does

296

00:12:04,310 --> 00:12:01,839

it's it's basically using a full

297

00:12:06,870 --> 00:12:04,320

spectrum light to deliver rainbow light

298

00:12:08,310 --> 00:12:06,880

but the light does change and it not

299

00:12:10,790 --> 00:12:08,320

only goes through the crystal but it

300

00:12:13,030 --> 00:12:10,800

washes the entire body the ancient

301
00:12:15,670 --> 00:12:13,040
egyptians were using chromotherapy and

302
00:12:17,829 --> 00:12:15,680
so were the romans to deliver light from

303
00:12:20,310 --> 00:12:17,839
the sun through the body for balance and

304
00:12:22,550 --> 00:12:20,320
for wellness and it's an ancient

305
00:12:25,030 --> 00:12:22,560
modality that we we brought up into

306
00:12:27,110 --> 00:12:25,040
modern technology so it's really twofold

307
00:12:28,870 --> 00:12:27,120
it's washing the the body with light but

308
00:12:32,790 --> 00:12:28,880
it's also delivering light through the

309
00:12:37,030 --> 00:12:34,470
from the chat room

310
00:12:38,949 --> 00:12:37,040
dd says exactly what you said right

311
00:12:41,590 --> 00:12:38,959
before you spoke it i think it's

312
00:12:43,910 --> 00:12:41,600
particularly an ancient technology that

313
00:12:45,910 --> 00:12:43,920

used to have much more power

314

00:12:49,350 --> 00:12:45,920

he's right on target so

315

00:12:51,990 --> 00:12:49,360

i've heard in my long ago past um when i

316

00:12:55,190 --> 00:12:52,000

was considering doing light therapy that

317

00:12:57,269 --> 00:12:55,200

you never use green

318

00:12:59,750 --> 00:12:57,279

for treating someone with cancer because

319

00:13:01,350 --> 00:12:59,760

green promotes growth or is that

320

00:13:02,710 --> 00:13:01,360

different in this case

321

00:13:05,430 --> 00:13:02,720

no it's not different that's a really

322

00:13:08,470 --> 00:13:05,440

good point you have the practitioner

323

00:13:10,389 --> 00:13:08,480

needs to be fairly skilled at

324

00:13:11,430 --> 00:13:10,399

determining if there is a harmful

325

00:13:13,990 --> 00:13:11,440

element

326

00:13:16,870 --> 00:13:14,000

to what's being delivered

327

00:13:18,710 --> 00:13:16,880

in some cases red is not a good color

328

00:13:21,590 --> 00:13:18,720

for cancer either

329

00:13:23,430 --> 00:13:21,600

but the the table also has a magnetic

330

00:13:25,430 --> 00:13:23,440

therapy in it

331

00:13:27,910 --> 00:13:25,440

built into the table and very strong

332

00:13:29,590 --> 00:13:27,920

magnets which is great for pain is great

333

00:13:30,629 --> 00:13:29,600

for circulation it's great for energy

334

00:13:33,190 --> 00:13:30,639

movement

335

00:13:35,750 --> 00:13:33,200

but for people with severe illnesses it

336

00:13:37,750 --> 00:13:35,760

can be detrimental so there is a level

337

00:13:39,350 --> 00:13:37,760

of discernment that goes in with the use

338

00:13:40,870 --> 00:13:39,360

of the table

339

00:13:43,030 --> 00:13:40,880

and also

340

00:13:45,269 --> 00:13:43,040

someone with a pacemaker

341

00:13:48,710 --> 00:13:45,279

or an electronic implant or even hearing

342

00:13:51,269 --> 00:13:48,720

aids would not do well around magnets so

343

00:13:52,710 --> 00:13:51,279

uh in the case that we're using that we

344

00:13:54,629 --> 00:13:52,720

can adjust and

345

00:13:56,870 --> 00:13:54,639

the the lighting device is programmed

346

00:13:58,550 --> 00:13:56,880

with several different programs some of

347

00:13:59,590 --> 00:13:58,560

it some of the programs are just white

348

00:14:00,870 --> 00:13:59,600

light

349

00:14:05,110 --> 00:14:00,880

and

350

00:14:07,030 --> 00:14:05,120

to test to make sure the magnet energy

351

00:14:10,230 --> 00:14:07,040

is not coming through if that is a

352

00:14:12,150 --> 00:14:10,240

problem or an issue for the client

353

00:14:14,550 --> 00:14:12,160

when you became

354

00:14:15,990 --> 00:14:14,560

impregnated with the idea

355

00:14:19,189 --> 00:14:16,000

that you're going to have this new

356

00:14:20,870 --> 00:14:19,199

technology coming to through you

357

00:14:22,310 --> 00:14:20,880

the light table the crystal therapy and

358

00:14:24,150 --> 00:14:22,320

all this stuff

359

00:14:29,269 --> 00:14:24,160

what year was this or how long ago was

360

00:14:31,590 --> 00:14:29,279

this 2006 2006 so 2000 between 2006 and

361

00:14:33,829 --> 00:14:31,600

the recent past were you

362

00:14:34,949 --> 00:14:33,839

learning about color therapy light

363

00:14:36,790 --> 00:14:34,959

therapy

364

00:14:40,150 --> 00:14:36,800

learning that you do not use green in

365

00:14:41,829 --> 00:14:40,160

certain cases red in certain cases so

366

00:14:43,910 --> 00:14:41,839

what kind of schooling was involved with

367

00:14:46,230 --> 00:14:43,920

this for you well actually that's a

368

00:14:49,269 --> 00:14:46,240

really good question keith um

369

00:14:51,670 --> 00:14:49,279

what happened with me was that i was

370

00:14:52,790 --> 00:14:51,680

virtually 15 months in the basement of

371

00:14:54,790 --> 00:14:52,800

the house

372

00:14:57,189 --> 00:14:54,800

building this device

373

00:14:59,670 --> 00:14:57,199

without any knowledge of it whatsoever

374

00:15:02,310 --> 00:14:59,680

it was strictly channeled messages

375

00:15:04,150 --> 00:15:02,320

and after i built the device and you

376

00:15:05,269 --> 00:15:04,160

know my wife said are asking me hey

377

00:15:07,110 --> 00:15:05,279

russell how do you know that thing's

378

00:15:08,230 --> 00:15:07,120

even going to work and you know i'm

379

00:15:11,350 --> 00:15:08,240

going well

380

00:15:14,069 --> 00:15:11,360

i'm not sure but i have a feeling it is

381

00:15:15,910 --> 00:15:14,079

um but after i did the work i started

382

00:15:19,269 --> 00:15:15,920

doing some research after i built the

383

00:15:20,949 --> 00:15:19,279

table and it amazed me that a lot of the

384

00:15:23,509 --> 00:15:20,959

information i had channeled was very

385

00:15:27,189 --> 00:15:23,519

accurate in terms of of ancient

386

00:15:28,470 --> 00:15:27,199

modalities and how they work so uh

387

00:15:31,030 --> 00:15:28,480

the other day i saw a quote from

388

00:15:33,189 --> 00:15:31,040

somebody that said too much research is

389

00:15:35,829 --> 00:15:33,199

is uninspiring

390

00:15:38,710 --> 00:15:35,839

and um i i kind of you know i'm a

391

00:15:40,629 --> 00:15:38,720

musician like you keith and what i found

392

00:15:43,269 --> 00:15:40,639

out is that if i listen to too many

393

00:15:44,870 --> 00:15:43,279

people's music that it it really

394

00:15:45,829 --> 00:15:44,880

polluted my own

395

00:15:48,790 --> 00:15:45,839

um

396

00:15:50,870 --> 00:15:48,800

creativity and so i i generally do a lot

397

00:15:52,389 --> 00:15:50,880

of channeling and get the information

398

00:15:54,470 --> 00:15:52,399

and then i follow it up with a little

399

00:15:56,310 --> 00:15:54,480

bit of research just to verify what i'm

400

00:15:58,150 --> 00:15:56,320

getting

401
00:15:59,189 --> 00:15:58,160
i totally get that russell what by the

402
00:16:01,590 --> 00:15:59,199
way what do you play with the same

403
00:16:03,110 --> 00:16:01,600
guitar bass drums what i i was a guitar

404
00:16:04,629 --> 00:16:03,120
player for a long time but i eventually

405
00:16:05,910 --> 00:16:04,639
turned to an instrument called the mando

406
00:16:08,470 --> 00:16:05,920
cello

407
00:16:10,550 --> 00:16:08,480
and uh wow sounds interesting i looked

408
00:16:13,990 --> 00:16:10,560
at it to learn more about that the

409
00:16:16,790 --> 00:16:14,000
mandocello is a um uh i had a custom one

410
00:16:19,350 --> 00:16:16,800
made on a tenor guitar body but it's

411
00:16:20,710 --> 00:16:19,360
it's four sets of double strings tuned

412
00:16:23,590 --> 00:16:20,720
like a cello

413
00:16:24,949 --> 00:16:23,600

uh on a guitar body so it's uh

414

00:16:27,110 --> 00:16:24,959

sometimes called the instrument of the

415

00:16:28,710 --> 00:16:27,120

angels like the harp and it's an old

416

00:16:31,749 --> 00:16:28,720

world instrument it used to be the base

417

00:16:33,110 --> 00:16:31,759

instrument of the mandolin family

418

00:16:35,509 --> 00:16:33,120

so i was going to say when we're talking

419

00:16:37,189 --> 00:16:35,519

about music how like you

420

00:16:38,550 --> 00:16:37,199

i've listened to everything when i

421

00:16:40,230 --> 00:16:38,560

realized i want to be a musician i

422

00:16:41,509 --> 00:16:40,240

listen to sticks journey boss to vanity

423

00:16:44,310 --> 00:16:41,519

and i listen to classical this and

424

00:16:46,150 --> 00:16:44,320

everything i've learned theory and i got

425

00:16:47,910 --> 00:16:46,160

to a point to where

426

00:16:49,670 --> 00:16:47,920

i kept applying theory and i said you

427

00:16:51,910 --> 00:16:49,680

know what this is just in from this is

428

00:16:53,829 --> 00:16:51,920

just someone else's way of doing it but

429

00:16:55,670 --> 00:16:53,839

now that i've quote mastered my

430

00:16:57,430 --> 00:16:55,680

instrument i took all that stuff and

431

00:16:59,350 --> 00:16:57,440

threw it into garbage i no longer need

432

00:17:01,670 --> 00:16:59,360

it in fact before i knew theory if i hit

433

00:17:03,670 --> 00:17:01,680

a certain note in passing it'd be what

434

00:17:05,429 --> 00:17:03,680

we'll call a blue note

435

00:17:07,270 --> 00:17:05,439

a bad note right

436

00:17:09,510 --> 00:17:07,280

and now that i've learned the theory and

437

00:17:11,189 --> 00:17:09,520

i throw all that away i can hit notes

438

00:17:12,789 --> 00:17:11,199

that may be seen

439

00:17:14,949 --> 00:17:12,799

at least from someone's perspective as a

440

00:17:16,789 --> 00:17:14,959

mistake but now i know how to correct it

441

00:17:19,669 --> 00:17:16,799

i know how to say that this was just my

442

00:17:22,230 --> 00:17:19,679

little bit of my jazz influence

443

00:17:24,630 --> 00:17:22,240

but yeah i i no longer listen to music i

444

00:17:26,949 --> 00:17:24,640

cannot i in fact it's not enjoyable for

445

00:17:28,069 --> 00:17:26,959

me to hear today's music i don't when i

446

00:17:29,830 --> 00:17:28,079

get in a car people say what do you

447

00:17:31,350 --> 00:17:29,840

listen to when you get in the car say i

448

00:17:32,789 --> 00:17:31,360

don't that's the last thing i want is

449

00:17:34,390 --> 00:17:32,799

more music

450

00:17:35,669 --> 00:17:34,400

yeah well then you understand what i'm

451
00:17:37,669 --> 00:17:35,679
talking about i think we can be

452
00:17:39,350 --> 00:17:37,679
compromised with our own creativity when

453
00:17:41,270 --> 00:17:39,360
we're when we're trying to follow the

454
00:17:42,630 --> 00:17:41,280
footsteps of someone else it's it's like

455
00:17:44,470 --> 00:17:42,640
you say it's great when you're learning

456
00:17:46,390 --> 00:17:44,480
and you're trying to understand what

457
00:17:48,150 --> 00:17:46,400
other people are doing but once you've

458
00:17:50,549 --> 00:17:48,160
mastered an instrument i think you want

459
00:17:52,710 --> 00:17:50,559
to be fully creative and that's that's

460
00:17:55,350 --> 00:17:52,720
kind of the light table too once i

461
00:17:58,789 --> 00:17:55,360
i mastered it i wanted to you know

462
00:18:04,230 --> 00:18:01,830
from the chat room dd uh i always keep

463
00:18:07,190 --> 00:18:04,240

calling him don danny but it's don dan

464

00:18:08,470 --> 00:18:07,200

it's it's it's just shortcut but i'm

465

00:18:10,549 --> 00:18:08,480

sure he's forgiven me he asked a

466

00:18:11,990 --> 00:18:10,559

question he says most people don't know

467

00:18:14,549 --> 00:18:12,000

that quartz has

468

00:18:16,870 --> 00:18:14,559

pure middle ends and may be the reason

469

00:18:19,350 --> 00:18:16,880

why they formed pyramids

470

00:18:22,549 --> 00:18:19,360

are there particular crystals associated

471

00:18:24,549 --> 00:18:22,559

with each chakra

472

00:18:25,750 --> 00:18:24,559

uh there are there are certain crystals

473

00:18:27,990 --> 00:18:25,760

that um

474

00:18:30,470 --> 00:18:28,000

are associated with them and and by the

475

00:18:34,310 --> 00:18:30,480

way the initial cuts of marcel vogel the

476
00:18:36,630 --> 00:18:34,320
tips were cut to 51 degrees you know 51

477
00:18:39,430 --> 00:18:36,640
minutes 51 seconds like the great

478
00:18:42,630 --> 00:18:39,440
pyramid of giza so there is a connection

479
00:18:45,909 --> 00:18:42,640
to the pyramid cut and some of the

480
00:18:48,470 --> 00:18:45,919
cutters we use insist on keeping the

481
00:18:49,590 --> 00:18:48,480
angles of the cuts the same as found in

482
00:18:50,710 --> 00:18:49,600
nature

483
00:18:52,710 --> 00:18:50,720
but to

484
00:18:55,029 --> 00:18:52,720
his question maybe i could speak to a

485
00:18:57,669 --> 00:18:55,039
little bit you know if you used a scale

486
00:19:01,909 --> 00:18:57,679
of 0 to 10 0 the least and 10 being the

487
00:19:04,150 --> 00:19:01,919
most a raw crystal program for nature

488
00:19:06,710 --> 00:19:04,160

programmed by nature for the area for

489

00:19:09,029 --> 00:19:06,720

the trees for the water for the birds

490

00:19:12,070 --> 00:19:09,039

and the animals that might run like a

491

00:19:13,909 --> 00:19:12,080

level one or two into the chakras these

492

00:19:16,870 --> 00:19:13,919

uh high powered

493

00:19:20,470 --> 00:19:16,880

cut devices cut with intention cut for

494

00:19:22,310 --> 00:19:20,480

purpose cut with very specific

495

00:19:24,789 --> 00:19:22,320

measurements are

496

00:19:27,350 --> 00:19:24,799

will run like a level 9 or 10

497

00:19:29,510 --> 00:19:27,360

amount of energy so people that get

498

00:19:31,190 --> 00:19:29,520

around these crystals can sense them and

499

00:19:33,350 --> 00:19:31,200

feel them immediately so when you got

500

00:19:35,190 --> 00:19:33,360

one directed into your crown

501
00:19:37,669 --> 00:19:35,200
it can it can take you out of the body

502
00:19:38,810 --> 00:19:37,679
pretty quick

503
00:19:40,870 --> 00:19:38,820
hook me up let's go

504
00:19:42,230 --> 00:19:40,880
[Laughter]

505
00:19:46,310 --> 00:19:42,240
so

506
00:19:48,230 --> 00:19:46,320
in a certain particular court any

507
00:19:49,750 --> 00:19:48,240
particular crystal quartz crystal quartz

508
00:19:51,830 --> 00:19:49,760
crystal mixed with a little bit of that

509
00:19:54,390 --> 00:19:51,840
a little bit of aquamarine what exactly

510
00:19:57,430 --> 00:19:54,400
are you using to harness this power

511
00:20:00,230 --> 00:19:57,440
mostly electronic grades quartz crystal

512
00:20:01,830 --> 00:20:00,240
so electronic grade is they're hard and

513
00:20:04,150 --> 00:20:01,840

hard to find believe it or not but

514

00:20:05,430 --> 00:20:04,160

they're completely clear

515

00:20:08,549 --> 00:20:05,440

and they have no

516

00:20:11,110 --> 00:20:08,559

uh inclusions no nothing inside of them

517

00:20:13,270 --> 00:20:11,120

so they they don't disturb the movement

518

00:20:16,150 --> 00:20:13,280

of energy going through them but

519

00:20:20,789 --> 00:20:16,160

uh as of as of late we've have been

520

00:20:23,029 --> 00:20:20,799

using some smoky quartz uh some citrine

521

00:20:25,510 --> 00:20:23,039

uh and um

522

00:20:26,950 --> 00:20:25,520

some some amethyst and ameterine and

523

00:20:28,870 --> 00:20:26,960

rose quartz

524

00:20:30,710 --> 00:20:28,880

and we've been using those and noticing

525

00:20:32,710 --> 00:20:30,720

there is a different delivery with those

526

00:20:35,510 --> 00:20:32,720

different types of crystals in some

527

00:20:38,470 --> 00:20:35,520

cases the non-electronic grades quartz

528

00:20:40,870 --> 00:20:38,480

crystals are a little smoother on the

529

00:20:42,630 --> 00:20:40,880

energy run because those

530

00:20:44,149 --> 00:20:42,640

high energy can affect a sensitive

531

00:20:45,990 --> 00:20:44,159

person um

532

00:20:48,310 --> 00:20:46,000

you know in a way that's pretty dramatic

533

00:20:50,549 --> 00:20:48,320

i've seen some pretty dramatic results

534

00:20:52,310 --> 00:20:50,559

or responses on the light table so it's

535

00:20:53,750 --> 00:20:52,320

sort of like turning the dimmer on the

536

00:20:56,470 --> 00:20:53,760

light switch down a little bit so it's

537

00:20:58,789 --> 00:20:56,480

just not so raw and so robust

538

00:21:00,470 --> 00:20:58,799

exactly exactly

539

00:21:02,549 --> 00:21:00,480

you know you know about transformation

540

00:21:04,710 --> 00:21:02,559

keys so when when people come in with a

541

00:21:06,549 --> 00:21:04,720

strong intention to transform themselves

542

00:21:07,750 --> 00:21:06,559

and they're getting something out of

543

00:21:09,590 --> 00:21:07,760

their body

544

00:21:10,950 --> 00:21:09,600

uh you know there's a few times i

545

00:21:13,590 --> 00:21:10,960

thought my neighbor was gonna call call

546

00:21:16,149 --> 00:21:13,600

the police because there was some pretty

547

00:21:18,070 --> 00:21:16,159

large screaming and responses for people

548

00:21:20,710 --> 00:21:18,080

pulling out addictions and pulling

549

00:21:21,669 --> 00:21:20,720

things out of their body that was

550

00:21:25,270 --> 00:21:21,679

you know

551
00:21:29,110 --> 00:21:25,280
it was quite um painful for some people

552
00:21:31,669 --> 00:21:29,120
but the transformation effect was

553
00:21:34,070 --> 00:21:31,679
permanent you know what it came to mind

554
00:21:36,789 --> 00:21:34,080
and i don't want to get like far out uh

555
00:21:38,870 --> 00:21:36,799
ghost story and demonic but what came to

556
00:21:40,470 --> 00:21:38,880
mind is i've often in my past maybe you

557
00:21:43,110 --> 00:21:40,480
guys have as well

558
00:21:45,110 --> 00:21:43,120
we've always seen articles or

559
00:21:48,870 --> 00:21:45,120
what talks about addiction as having

560
00:21:50,789 --> 00:21:48,880
demons having physical attachments right

561
00:21:52,870 --> 00:21:50,799
so my thought is

562
00:21:54,710 --> 00:21:52,880
these are dark entities being attached

563
00:21:56,149 --> 00:21:54,720

to whatever client

564

00:21:58,789 --> 00:21:56,159

and you

565

00:22:01,029 --> 00:21:58,799

saturating the system with light that

566

00:22:02,789 --> 00:22:01,039

may be some of these verbal expulsions

567

00:22:04,710 --> 00:22:02,799

that are coming out or somewhat

568

00:22:06,950 --> 00:22:04,720

channeled from these uh attachments

569

00:22:08,310 --> 00:22:06,960

actually saying you know just this crap

570

00:22:10,630 --> 00:22:08,320

burns

571

00:22:13,029 --> 00:22:10,640

uh you're absolutely right uh well i

572

00:22:14,789 --> 00:22:13,039

just took a shot in a dark brother

573

00:22:16,630 --> 00:22:14,799

on to something because

574

00:22:19,029 --> 00:22:16,640

in my training program one of the

575

00:22:21,029 --> 00:22:19,039

sections is around spirit releasement

576

00:22:22,070 --> 00:22:21,039

and this is where a disincarnate spirit

577

00:22:24,310 --> 00:22:22,080

has

578

00:22:25,830 --> 00:22:24,320

attached itself to a person which does

579

00:22:28,070 --> 00:22:25,840

cause addictions

580

00:22:30,390 --> 00:22:28,080

these um are you know as long as there's

581

00:22:32,549 --> 00:22:30,400

religion and um

582

00:22:35,029 --> 00:22:32,559

uh different philosophies there will

583

00:22:36,950 --> 00:22:35,039

always be discussion about demons but

584

00:22:39,110 --> 00:22:36,960

what i found is these are lost souls

585

00:22:41,430 --> 00:22:39,120

people that never went into the light

586

00:22:43,430 --> 00:22:41,440

and i have found

587

00:22:44,950 --> 00:22:43,440

thousands of them embedded in one

588

00:22:47,190 --> 00:22:44,960

person's energy

589

00:22:49,350 --> 00:22:47,200

and what and and had an experience with

590

00:22:52,390 --> 00:22:49,360

those coming out of the body while we do

591

00:22:53,909 --> 00:22:52,400

this work and it is it can be quite

592

00:22:55,350 --> 00:22:53,919

an experience and you might be

593

00:22:57,430 --> 00:22:55,360

interested to know since you brought it

594

00:22:58,230 --> 00:22:57,440

up keith that um

595

00:23:01,029 --> 00:22:58,240

uh

596

00:23:04,310 --> 00:23:01,039

probably 50 percent of the people that i

597

00:23:07,430 --> 00:23:04,320

see have these in their system it's not

598

00:23:08,950 --> 00:23:07,440

uncommon um not an uncommon experience

599

00:23:11,270 --> 00:23:08,960

at all

600

00:23:13,750 --> 00:23:11,280

is it more to the degree of how much

601
00:23:16,950 --> 00:23:13,760
they have their hooks in you because

602
00:23:18,630 --> 00:23:16,960
every day normal good decent people

603
00:23:20,390 --> 00:23:18,640
could likely have you know a couple of

604
00:23:22,310 --> 00:23:20,400
fears here and there and they may be a

605
00:23:25,110 --> 00:23:22,320
leech attached to that particular portal

606
00:23:25,990 --> 00:23:25,120
where that said fear may seep from

607
00:23:28,950 --> 00:23:26,000
so

608
00:23:30,950 --> 00:23:28,960
in your work of helping these people um

609
00:23:33,270 --> 00:23:30,960
do you ever feel

610
00:23:35,430 --> 00:23:33,280
uh a presence like you know that you

611
00:23:37,430 --> 00:23:35,440
know what you need to remove or is it

612
00:23:39,270 --> 00:23:37,440
just you know the person has

613
00:23:41,029 --> 00:23:39,280

asthma and you're doing that but do you

614

00:23:42,870 --> 00:23:41,039

ever feel anything have you ever felt

615

00:23:44,470 --> 00:23:42,880

anything of something being really

616

00:23:46,470 --> 00:23:44,480

really dense

617

00:23:48,149 --> 00:23:46,480

oh yeah um as a matter of fact as soon

618

00:23:49,990 --> 00:23:48,159

as i started this work i had to go back

619

00:23:51,590 --> 00:23:50,000

for more training with dorian virtue to

620

00:23:54,070 --> 00:23:51,600

become a medium

621

00:23:56,710 --> 00:23:54,080

and to do the advanced teachings uh and

622

00:23:59,270 --> 00:23:56,720

i am clairvoyant i not only see them but

623

00:24:00,549 --> 00:23:59,280

i sense them i feel them and when i'm

624

00:24:01,990 --> 00:24:00,559

operating the light table and i'm

625

00:24:04,310 --> 00:24:02,000

watching them come out of the body and

626

00:24:05,990 --> 00:24:04,320

stand there right next to me it is quite

627

00:24:08,070 --> 00:24:06,000

an experience

628

00:24:10,149 --> 00:24:08,080

we can communicate with them we can feel

629

00:24:12,070 --> 00:24:10,159

them we can sense them and now that i've

630

00:24:14,549 --> 00:24:12,080

been doing this for such a long period

631

00:24:16,870 --> 00:24:14,559

of time i usually can talk to a person

632

00:24:18,310 --> 00:24:16,880

for five minutes on the phone or as soon

633

00:24:20,470 --> 00:24:18,320

as i walk in my space and tell

634

00:24:22,470 --> 00:24:20,480

immediately if that's the case there's a

635

00:24:24,230 --> 00:24:22,480

definite negative vibration in the room

636

00:24:26,710 --> 00:24:24,240

that goes along with it

637

00:24:28,390 --> 00:24:26,720

from the chatroom nazca quartz is famous

638

00:24:30,950 --> 00:24:28,400

worldwide for its connective

639

00:24:33,269 --> 00:24:30,960

capabilities we use them in computer

640

00:24:35,350 --> 00:24:33,279

hardware uh is this anything that you're

641

00:24:37,110 --> 00:24:35,360

familiar with and using your own work

642

00:24:39,190 --> 00:24:37,120

yes as a matter of fact we have two

643

00:24:39,990 --> 00:24:39,200

world-class lapidary artists that are

644

00:24:43,110 --> 00:24:40,000

well

645

00:24:45,669 --> 00:24:43,120

cutting

646

00:24:46,630 --> 00:24:45,679

and they they both are very different

647

00:24:48,390 --> 00:24:46,640

but

648

00:24:49,669 --> 00:24:48,400

one of them that we work with in

649

00:24:51,830 --> 00:24:49,679

particular

650

00:24:53,669 --> 00:24:51,840

is uh has

651
00:24:55,430 --> 00:24:53,679
connections with minds all over the

652
00:24:56,549 --> 00:24:55,440
world crystal mines all over the world

653
00:24:58,710 --> 00:24:56,559
get some

654
00:25:01,750 --> 00:24:58,720
can get them from just about any country

655
00:25:04,470 --> 00:25:01,760
and any area and hand select some for

656
00:25:07,350 --> 00:25:04,480
his use for cutting um as a matter of

657
00:25:09,269 --> 00:25:07,360
fact he's a very interesting person and

658
00:25:11,110 --> 00:25:09,279
he connects with the crystal and gets

659
00:25:12,310 --> 00:25:11,120
communication from the crystal as to how

660
00:25:15,029 --> 00:25:12,320
to cut it

661
00:25:17,190 --> 00:25:15,039
uh he once had a 30 000

662
00:25:19,269 --> 00:25:17,200
piece of crystal rock that said i don't

663
00:25:21,190 --> 00:25:19,279

want to be healed a healer i don't want

664

00:25:22,870 --> 00:25:21,200

to work with people i want to go back in

665

00:25:24,549 --> 00:25:22,880

the ground and he took it out and buried

666

00:25:26,789 --> 00:25:24,559

it

667

00:25:28,710 --> 00:25:26,799

what comes to mind russell is

668

00:25:31,510 --> 00:25:28,720

i remember a couple of years ago i did a

669

00:25:32,950 --> 00:25:31,520

house cleaning for someone who had some

670

00:25:34,149 --> 00:25:32,960

pretty negative energies happening in

671

00:25:36,230 --> 00:25:34,159

there and they were they were beginning

672

00:25:37,430 --> 00:25:36,240

to manifest and a friend of mine here

673

00:25:40,149 --> 00:25:37,440

against the center of light radio

674

00:25:41,430 --> 00:25:40,159

modulator she is a stone oh my god she's

675

00:25:43,350 --> 00:25:41,440

amazing

676
00:25:46,549 --> 00:25:43,360
she sort of suggested to me i think it's

677
00:25:48,470 --> 00:25:46,559
called selenite selenite yes

678
00:25:50,870 --> 00:25:48,480
that to help lift the energy to remove

679
00:25:53,669 --> 00:25:50,880
bad beings from your house if that's the

680
00:26:00,710 --> 00:25:57,029
if someone is possessed or has trouble

681
00:26:02,870 --> 00:26:00,720
and if we always attract to us said

682
00:26:07,430 --> 00:26:02,880
boogeyman ghost demons

683
00:26:12,070 --> 00:26:10,549
to harness the light energy to help

684
00:26:14,470 --> 00:26:12,080
correct the

685
00:26:15,669 --> 00:26:14,480
shortcoming in a person to no longer

686
00:26:17,909 --> 00:26:15,679
attract

687
00:26:20,950 --> 00:26:17,919
that energy or let's say for example

688
00:26:23,430 --> 00:26:20,960

topaz or a citrine that might help this

689

00:26:25,510 --> 00:26:23,440

part of the person's body or

690

00:26:27,750 --> 00:26:25,520

amethyst may help this person's part of

691

00:26:29,990 --> 00:26:27,760

the body it seems though i'm not a

692

00:26:32,549 --> 00:26:30,000

crystal light table practitioner it

693

00:26:34,390 --> 00:26:32,559

seems to me and it makes sense to me

694

00:26:35,909 --> 00:26:34,400

let's say for example if

695

00:26:38,310 --> 00:26:35,919

a certain particular stone works with

696

00:26:40,789 --> 00:26:38,320

this particular part of the body that

697

00:26:42,230 --> 00:26:40,799

you would use said stone to filter the

698

00:26:45,350 --> 00:26:42,240

light that you were bringing into the

699

00:26:47,990 --> 00:26:45,360

person's body that would

700

00:26:49,990 --> 00:26:48,000

balance out the harmonic the vibration

701
00:26:52,149 --> 00:26:50,000
well i see your point and i think that's

702
00:26:54,950 --> 00:26:52,159
true to an extent but i will say part of

703
00:26:58,630 --> 00:26:54,960
my theory it's in theory

704
00:26:59,909 --> 00:26:58,640
part of my experience was that um

705
00:27:02,470 --> 00:26:59,919
we could

706
00:27:04,950 --> 00:27:02,480
bring in different crystals that would

707
00:27:06,789 --> 00:27:04,960
actually increase the chaotic flow of

708
00:27:08,470 --> 00:27:06,799
energy it would not be smooth it would

709
00:27:11,190 --> 00:27:08,480
be very chaotic

710
00:27:13,029 --> 00:27:11,200
but actually you might keith you might

711
00:27:15,990 --> 00:27:13,039
be interested in this the

712
00:27:18,310 --> 00:27:16,000
the most effective way to balance energy

713
00:27:21,110 --> 00:27:18,320

and to create

714

00:27:23,590 --> 00:27:21,120

a release if there is an attachment

715

00:27:25,269 --> 00:27:23,600

there is the use of sound

716

00:27:27,990 --> 00:27:25,279

and that's part of the crystal light

717

00:27:28,870 --> 00:27:28,000

table we use cr uh uh frosted singing

718

00:27:31,029 --> 00:27:28,880

bowls

719

00:27:33,830 --> 00:27:31,039

uh which is a main element of the light

720

00:27:36,149 --> 00:27:33,840

table and it really does you know as

721

00:27:38,390 --> 00:27:36,159

soon as i start playing those bowls

722

00:27:40,630 --> 00:27:38,400

uh you know they're they're out of there

723

00:27:42,870 --> 00:27:40,640

and what the crystal does is it puts

724

00:27:44,870 --> 00:27:42,880

light back in the body because wherever

725

00:27:47,750 --> 00:27:44,880

anything has been removed there's a dark

726

00:27:50,390 --> 00:27:47,760

spot there so there's a void and we have

727

00:27:52,390 --> 00:27:50,400

to fill that light but you know

728

00:27:54,549 --> 00:27:52,400

something else i've noticed keith i

729

00:27:55,750 --> 00:27:54,559

think you're you're talking about is

730

00:27:57,590 --> 00:27:55,760

that

731

00:28:02,549 --> 00:27:57,600

if a person's energy field their

732

00:28:04,389 --> 00:28:02,559

bioenergetic field is is tight and clear

733

00:28:06,549 --> 00:28:04,399

nothing can intrude upon their

734

00:28:08,950 --> 00:28:06,559

sovereignty it's only when a person has

735

00:28:11,430 --> 00:28:08,960

holes and tears in their energy field

736

00:28:14,070 --> 00:28:11,440

that can create an opening for anything

737

00:28:17,350 --> 00:28:14,080

to get into it so that's that's a result

738

00:28:19,350 --> 00:28:17,360

of trauma or the results of contracts

739

00:28:21,350 --> 00:28:19,360

and agreements to learn

740

00:28:23,909 --> 00:28:21,360

and grow that

741

00:28:26,470 --> 00:28:23,919

some people are unknowingly inviting

742

00:28:28,310 --> 00:28:26,480

these into their system

743

00:28:30,310 --> 00:28:28,320

yeah definitely unknowingly when i was

744

00:28:32,549 --> 00:28:30,320

just talking about madrigal little i was

745

00:28:34,950 --> 00:28:32,559

going to continue but i didn't

746

00:28:37,510 --> 00:28:34,960

i remember sometime back last year a

747

00:28:39,110 --> 00:28:37,520

year and a half ago i went to madras

748

00:28:40,470 --> 00:28:39,120

office here in memphis

749

00:28:43,269 --> 00:28:40,480

and when she brought me into the room

750

00:28:44,710 --> 00:28:43,279

she was going to do a crystal ball

751
00:28:46,149 --> 00:28:44,720
um

752
00:28:47,830 --> 00:28:46,159
ceremony on me

753
00:28:49,990 --> 00:28:47,840
and i sat in this chair and under this

754
00:28:51,909 --> 00:28:50,000
chair was every kind of my god powerful

755
00:28:53,590 --> 00:28:51,919
crystal imaginable

756
00:28:55,750 --> 00:28:53,600
and when i sat in this chair it felt

757
00:28:58,070 --> 00:28:55,760
like the space shuttle under my ass it

758
00:29:00,310 --> 00:28:58,080
was it was on fire and then she started

759
00:29:03,350 --> 00:29:00,320
resonating these bowls and

760
00:29:04,630 --> 00:29:03,360
i was brought to a cave and so was she

761
00:29:06,870 --> 00:29:04,640
brought to a cave in there with a couple

762
00:29:08,710 --> 00:29:06,880
of masters in there we began a dialogue

763
00:29:11,190 --> 00:29:08,720

and everything she imparted to me in

764

00:29:13,190 --> 00:29:11,200

this session did come true up until this

765

00:29:15,350 --> 00:29:13,200

day that's for sure but my point is i

766

00:29:18,070 --> 00:29:15,360

know the power and the magic and the

767

00:29:20,070 --> 00:29:18,080

door that opens up by the use of uh

768

00:29:21,110 --> 00:29:20,080

these singing bowls it's truly amazing

769

00:29:23,830 --> 00:29:21,120

for me

770

00:29:26,470 --> 00:29:23,840

yeah and and the light table is

771

00:29:28,789 --> 00:29:26,480

that the the

772

00:29:31,110 --> 00:29:28,799

what makes it unique as an energy device

773

00:29:34,149 --> 00:29:31,120

is that it combines the elements of

774

00:29:36,710 --> 00:29:34,159

chromotherapy crystal therapy magnetic

775

00:29:39,110 --> 00:29:36,720

therapy sound vibrational therapy and

776

00:29:40,710 --> 00:29:39,120

built into the table is the trade secret

777

00:29:43,350 --> 00:29:40,720

it's got a unique

778

00:29:46,070 --> 00:29:43,360

um aspect to it underneath the table no

779

00:29:47,350 --> 00:29:46,080

one ever sees it that is a portal and it

780

00:29:49,430 --> 00:29:47,360

opens that portal to the other

781

00:29:52,149 --> 00:29:49,440

dimensions and just like you just

782

00:29:54,870 --> 00:29:52,159

mentioned uh some people

783

00:29:55,990 --> 00:29:54,880

call it my spaceship some people book a

784

00:29:57,350 --> 00:29:56,000

session say i want to get on the

785

00:30:03,830 --> 00:29:57,360

spaceship and i want to do some

786

00:30:07,830 --> 00:30:05,669

i have two buttons very close to each

787

00:30:09,269 --> 00:30:07,840

other

788

00:30:11,029 --> 00:30:09,279

with the bottom vr would you give us

789

00:30:12,630 --> 00:30:11,039

your contact information so listening

790

00:30:14,230 --> 00:30:12,640

audience can find out more about you in

791

00:30:15,750 --> 00:30:14,240

this phenomenal new technology you're

792

00:30:17,029 --> 00:30:15,760

bringing forth and you can bet i'm going

793

00:30:20,830 --> 00:30:17,039

to be doing some more research about

794

00:30:24,710 --> 00:30:22,630

www.russellforsythe.com is my main

795

00:30:27,269 --> 00:30:24,720

website i have facebook pages on the

796

00:30:29,190 --> 00:30:27,279

forsyth crystal light table and on the

797

00:30:34,110 --> 00:30:29,200

iel institute which we just opened

798

00:30:38,310 --> 00:30:35,750

www.iel-institute.com and it's a free

799

00:30:40,630 --> 00:30:38,320

membership platform where you can access

800

00:30:43,029 --> 00:30:40,640

free videos meditations and if you want

801
00:30:45,350 --> 00:30:43,039
you can do some training with us as well

802
00:30:47,029 --> 00:30:45,360
amy you mentioned uh she's a certified

803
00:30:48,830 --> 00:30:47,039
teacher with us we have a couple of

804
00:30:51,350 --> 00:30:48,840
certified teachers and mentors in the

805
00:30:53,430 --> 00:30:51,360
program and we're just starting to we're

806
00:30:55,669 --> 00:30:53,440
just starting this this thing up and you

807
00:30:58,310 --> 00:30:55,679
know keith part of what happened with me

808
00:31:00,149 --> 00:30:58,320
was i built this device and then i then

809
00:31:02,070 --> 00:31:00,159
a part of me said i don't even have a

810
00:31:04,070 --> 00:31:02,080
user's manual with it you know i don't

811
00:31:05,830 --> 00:31:04,080
even know how to tell people how to use

812
00:31:07,990 --> 00:31:05,840
it so i started developing the training

813
00:31:10,389 --> 00:31:08,000

program to feel a little bit more

814

00:31:12,789 --> 00:31:10,399

grounded about getting these tables out

815

00:31:14,710 --> 00:31:12,799

there in the world

816

00:31:16,630 --> 00:31:14,720

you are a busy man out in the field

817

00:31:18,950 --> 00:31:16,640

aren't you yeah oh yeah you love every

818

00:31:20,549 --> 00:31:18,960

moment of it don't you i see 900 people

819

00:31:23,190 --> 00:31:20,559

a year one on one

820

00:31:25,350 --> 00:31:23,200

and i do trainings and workshops and uh

821

00:31:27,350 --> 00:31:25,360

it's it's a beautiful life it's it i

822

00:31:29,430 --> 00:31:27,360

never thought as a contractor i would be

823

00:31:30,789 --> 00:31:29,440

going into this world i'll tell you that

824

00:31:32,789 --> 00:31:30,799

so

825

00:31:35,350 --> 00:31:32,799

a lot of people don't understand or

826
00:31:36,630 --> 00:31:35,360
maybe just never come across of it um

827
00:31:38,470 --> 00:31:36,640
the power

828
00:31:40,549 --> 00:31:38,480
inherent in sound

829
00:31:43,750 --> 00:31:40,559
people often wonder how did they get

830
00:31:45,590 --> 00:31:43,760
those monolith rocks up there and tibet

831
00:31:47,750 --> 00:31:45,600
when you can't you can't barely even

832
00:31:50,149 --> 00:31:47,760
find a path to walk up there how do they

833
00:31:52,950 --> 00:31:50,159
get these stones up there to build these

834
00:31:54,389 --> 00:31:52,960
tibetan buddhist monasteries russell

835
00:31:56,710 --> 00:31:54,399
tell them how

836
00:31:58,230 --> 00:31:56,720
vibrations it's all about the vibe man

837
00:32:01,350 --> 00:31:58,240
it's about sound

838
00:32:03,430 --> 00:32:01,360

it's all about the vibe yeah you know

839

00:32:05,750 --> 00:32:03,440

i've got a musician that told me that he

840

00:32:08,070 --> 00:32:05,760

sits behind the drum kit and he

841

00:32:10,230 --> 00:32:08,080

he takes pictures periodically and

842

00:32:12,389 --> 00:32:10,240

before the gig starts it's just a black

843

00:32:13,669 --> 00:32:12,399

room and when the gig ends it's filled

844

00:32:16,070 --> 00:32:13,679

with orbs

845

00:32:17,909 --> 00:32:16,080

and his his view is that when we're

846

00:32:20,070 --> 00:32:17,919

listening to music we're bringing in our

847

00:32:21,990 --> 00:32:20,080

ancestors we're bringing in the spirit

848

00:32:25,029 --> 00:32:22,000

that's why we leave a concert we feel

849

00:32:27,509 --> 00:32:25,039

good because we we've felt that vibe and

850

00:32:30,310 --> 00:32:27,519

i just i really feel like that that

851
00:32:32,549 --> 00:32:30,320
we're more powerful than we think we are

852
00:32:35,110 --> 00:32:32,559
and that you know there's things we can

853
00:32:37,430 --> 00:32:35,120
accomplish uh just with our mind and

854
00:32:39,750 --> 00:32:37,440
heart that we we don't even realize and

855
00:32:42,070 --> 00:32:39,760
part of that is just a lift

856
00:32:44,470 --> 00:32:42,080
uh of energy and i do think through

857
00:32:47,350 --> 00:32:44,480
vibrational lift we could uh accomplish

858
00:32:49,430 --> 00:32:47,360
the things that we see on this planet

859
00:32:50,710 --> 00:32:49,440
have you seen a video on youtube and for

860
00:32:53,430 --> 00:32:50,720
listening audience out there if you get

861
00:32:55,990 --> 00:32:53,440
the opportunity take the opportunity um

862
00:32:57,909 --> 00:32:56,000
go to youtube and look up how sound

863
00:32:59,590 --> 00:32:57,919

creates form

864

00:33:02,230 --> 00:32:59,600

and when you find this video you will

865

00:33:03,750 --> 00:33:02,240

see a sound plate square sound plate say

866

00:33:06,070 --> 00:33:03,760

two and a half three feet

867

00:33:08,870 --> 00:33:06,080

square and there's a speaker mounted

868

00:33:11,909 --> 00:33:08,880

underneath and they run a tone and all

869

00:33:14,230 --> 00:33:11,919

they do is throw white salt or sand on

870

00:33:15,350 --> 00:33:14,240

this table and as the frequency begins

871

00:33:18,149 --> 00:33:15,360

to elevate

872

00:33:21,190 --> 00:33:18,159

this sand begins to make geometric

873

00:33:24,230 --> 00:33:21,200

shapes right and so i'd say i dare to

874

00:33:26,230 --> 00:33:24,240

take that further because every sound we

875

00:33:28,310 --> 00:33:26,240

hear like hearing my voice whatever it

876

00:33:30,389 --> 00:33:28,320

is you're hearing on some level there is

877

00:33:32,789 --> 00:33:30,399

a geometric shape associated with that

878

00:33:34,549 --> 00:33:32,799

sound that being said

879

00:33:36,950 --> 00:33:34,559

sound does create form because when i

880

00:33:39,350 --> 00:33:36,960

play music

881

00:33:41,509 --> 00:33:39,360

people do farm in the club

882

00:33:42,549 --> 00:33:41,519

and they eventually farm on the dance

883

00:33:44,230 --> 00:33:42,559

floor

884

00:33:47,029 --> 00:33:44,240

so there's something

885

00:33:49,509 --> 00:33:47,039

and sound is what holds everything in

886

00:33:51,430 --> 00:33:49,519

the universe together it's the glue it's

887

00:33:53,430 --> 00:33:51,440

everything that it just holds everything

888

00:33:55,269 --> 00:33:53,440

in a nice tight package you're

889

00:33:57,350 --> 00:33:55,279

absolutely right as a matter of fact i

890

00:33:59,190 --> 00:33:57,360

use that video in my classes when i'm

891

00:34:01,669 --> 00:33:59,200

teaching about sound vibration and i

892

00:34:03,430 --> 00:34:01,679

love it because it does it lets you see

893

00:34:06,149 --> 00:34:03,440

sound and and

894

00:34:08,710 --> 00:34:06,159

what i found out is that the note c for

895

00:34:10,629 --> 00:34:08,720

example if we if you and i could see

896

00:34:11,990 --> 00:34:10,639

that note traveling across the room it

897

00:34:13,669 --> 00:34:12,000

would look red

898

00:34:16,389 --> 00:34:13,679

because that's the vibration that it

899

00:34:19,589 --> 00:34:16,399

holds if we saw a d note it would be

900

00:34:21,750 --> 00:34:19,599

orange and so every vibration has its

901
00:34:22,629 --> 00:34:21,760
own form and when i was recording those

902
00:34:24,629 --> 00:34:22,639
bowls

903
00:34:26,869 --> 00:34:24,639
what i saw was a straight line that

904
00:34:29,669 --> 00:34:26,879
would move and then turn into a ball and

905
00:34:32,310 --> 00:34:29,679
then go down and turn into a ball it's a

906
00:34:34,470 --> 00:34:32,320
moving ball that goes across the room

907
00:34:36,710 --> 00:34:34,480
that can hit us in a way that brings our

908
00:34:39,190 --> 00:34:36,720
mind to a different brain wave states

909
00:34:41,190 --> 00:34:39,200
alpha into theta brain waves and that's

910
00:34:43,750 --> 00:34:41,200
another reason we like music because it

911
00:34:45,750 --> 00:34:43,760
balances our brain

912
00:34:48,710 --> 00:34:45,760
yeah completely so f would be the heart

913
00:34:51,750 --> 00:34:48,720

chakra is that correct correct correct

914

00:34:54,149 --> 00:34:51,760

so in each chakra has one of the seven

915

00:34:55,829 --> 00:34:54,159

colors of the rainbow and each chakra

916

00:34:57,670 --> 00:34:55,839

has one of the seven notes of the major

917

00:35:00,069 --> 00:34:57,680

scale in the musical scale

918

00:35:02,630 --> 00:35:00,079

and as above so below we are made of

919

00:35:04,870 --> 00:35:02,640

light and sound correct

920

00:35:06,950 --> 00:35:04,880

from the chat room um just recently

921

00:35:08,950 --> 00:35:06,960

scientists are thinking the earth's core

922

00:35:10,870 --> 00:35:08,960

is not molten iron which i would

923

00:35:14,870 --> 00:35:10,880

probably agree with i'm not a scientist

924

00:35:17,589 --> 00:35:14,880

but intuitively but is magnetized linear

925

00:35:20,150 --> 00:35:17,599

crystal and have also found that the

926
00:35:23,349 --> 00:35:20,160
human body is also made of chris well

927
00:35:25,270 --> 00:35:23,359
yeah it's all crystalline structure

928
00:35:27,990 --> 00:35:25,280
yeah dr marcel vogel who is the

929
00:35:31,190 --> 00:35:28,000
scientist that had free reign of the lab

930
00:35:33,910 --> 00:35:31,200
in ibm 27 years they never gave him

931
00:35:35,750 --> 00:35:33,920
anything to do he experimented with

932
00:35:38,470 --> 00:35:35,760
these things and when he saw

933
00:35:41,910 --> 00:35:38,480
um some brain material that had dried it

934
00:35:44,390 --> 00:35:41,920
was all crystalline and crystals make up

935
00:35:46,790 --> 00:35:44,400
uh the second most abundant

936
00:35:47,910 --> 00:35:46,800
uh element of the earth and the first is

937
00:35:50,150 --> 00:35:47,920
oxygen

938
00:35:51,990 --> 00:35:50,160

so it is a crit it is a crystalline

939

00:35:53,990 --> 00:35:52,000

structure and we are indigenous of this

940

00:35:55,829 --> 00:35:54,000

planet so of course we're crystalline

941

00:35:57,190 --> 00:35:55,839

structures ourselves

942

00:35:59,589 --> 00:35:57,200

you know it makes sense to me we talk

943

00:36:02,390 --> 00:35:59,599

about decalcifying the pineal

944

00:36:04,390 --> 00:36:02,400

decalcifying this has to be some sort of

945

00:36:06,470 --> 00:36:04,400

crystal instructor there as to why we're

946

00:36:07,829 --> 00:36:06,480

breaking up these things uh into bits

947

00:36:09,829 --> 00:36:07,839

hopefully that we can dissipate it

948

00:36:13,030 --> 00:36:09,839

around our our third eye our pioneer

949

00:36:15,270 --> 00:36:13,040

land and you know what can be uh calcify

950

00:36:17,349 --> 00:36:15,280

that is the sun

951
00:36:19,270 --> 00:36:17,359
so we can take the waves of the light

952
00:36:21,910 --> 00:36:19,280
from the sun right into the top of our

953
00:36:24,390 --> 00:36:21,920
head and we can you know increase our

954
00:36:26,710 --> 00:36:24,400
wellness in that way so it's really all

955
00:36:29,190 --> 00:36:26,720
about light and sound yeah that's the

956
00:36:31,750 --> 00:36:29,200
gig i have a guest coming on uh center

957
00:36:33,349 --> 00:36:31,760
of light radio i think it's july the

958
00:36:35,829 --> 00:36:33,359
last week in july how's that whatever

959
00:36:38,630 --> 00:36:35,839
that date is july 31st possibly his name

960
00:36:40,390 --> 00:36:38,640
is daryl braun and i stuck out my

961
00:36:42,390 --> 00:36:40,400
intentions of the universe

962
00:36:44,150 --> 00:36:42,400
i want to interview someone who does

963
00:36:45,990 --> 00:36:44,160

breatharianism

964

00:36:47,270 --> 00:36:46,000

and here comes daryl

965

00:36:48,150 --> 00:36:47,280

so he's going to heads up listening

966

00:36:49,349 --> 00:36:48,160

audience

967

00:36:50,710 --> 00:36:49,359

now it's going to be hard for you to

968

00:36:51,750 --> 00:36:50,720

don't wrap your mind around it wrap your

969

00:36:53,349 --> 00:36:51,760

heart around it that's the only way

970

00:36:54,390 --> 00:36:53,359

you're going to get it

971

00:36:56,310 --> 00:36:54,400

he's going to be on the show and the

972

00:36:59,030 --> 00:36:56,320

subs is going to be about breatharianism

973

00:37:02,390 --> 00:36:59,040

and sun gazing that he does not have to

974

00:37:04,310 --> 00:37:02,400

eat food ever ever ever ever never ever

975

00:37:05,670 --> 00:37:04,320

again for sustenance people say well

976

00:37:07,349 --> 00:37:05,680

that's crazy you would die well if you

977

00:37:09,349 --> 00:37:07,359

think about it the sunlight grows the

978

00:37:10,550 --> 00:37:09,359

grass which the cows eat or grows the

979

00:37:12,390 --> 00:37:10,560

plants that you're going to eat you take

980

00:37:14,069 --> 00:37:12,400

anything in that way so but once you

981

00:37:15,190 --> 00:37:14,079

begin to fill the chambers of the brain

982

00:37:17,510 --> 00:37:15,200

with light

983

00:37:19,270 --> 00:37:17,520

through the ritual that is prescribed

984

00:37:21,990 --> 00:37:19,280

don't just get out there starts gazing

985

00:37:24,390 --> 00:37:22,000

at the sun and burn out your retinas uh

986

00:37:26,470 --> 00:37:24,400

and so once you follow this program in

987

00:37:28,630 --> 00:37:26,480

21 days

988

00:37:30,150 --> 00:37:28,640

you become light activated your spine

989

00:37:32,150 --> 00:37:30,160

will be filled with light and you no

990

00:37:33,910 --> 00:37:32,160

longer need to eat unless you want to do

991

00:37:35,910 --> 00:37:33,920

it for social reasons have a little bit

992

00:37:36,950 --> 00:37:35,920

of water a little bit of fruit or nuts

993

00:37:38,950 --> 00:37:36,960

kind of thing

994

00:37:41,190 --> 00:37:38,960

but it's no longer required to have

995

00:37:43,030 --> 00:37:41,200

physical sustenance to sustain yourself

996

00:37:45,589 --> 00:37:43,040

i love the subject and there is a man

997

00:37:47,589 --> 00:37:45,599

who's who's been a breatharian for 30

998

00:37:48,710 --> 00:37:47,599

years and he's proven that you do not

999

00:37:50,630 --> 00:37:48,720

have to have

1000

00:37:52,790 --> 00:37:50,640

food and that we can get sustenance in

1001
00:37:54,630 --> 00:37:52,800
other ways so i'm i'm a

1002
00:37:58,630 --> 00:37:54,640
strong fan of that subject i'll be

1003
00:38:04,710 --> 00:38:02,150
so how did you begin to hear

1004
00:38:06,710 --> 00:38:04,720
angels i mean were you in a

1005
00:38:08,150 --> 00:38:06,720
a life situation where things were just

1006
00:38:10,150 --> 00:38:08,160
really bad and you had to surrender and

1007
00:38:12,470 --> 00:38:10,160
you fell on your metaphysical

1008
00:38:15,270 --> 00:38:12,480
metaphorical spiritual need like it took

1009
00:38:16,470 --> 00:38:15,280
for me or when you

1010
00:38:18,390 --> 00:38:16,480
had this

1011
00:38:20,150 --> 00:38:18,400
vibe this groove going on early in your

1012
00:38:21,829 --> 00:38:20,160
life just by

1013
00:38:23,349 --> 00:38:21,839

a natural

1014

00:38:25,190 --> 00:38:23,359

outcome for you

1015

00:38:27,349 --> 00:38:25,200

well you know people ask me that a lot

1016

00:38:30,230 --> 00:38:27,359

was i sensitive as a child and i worked

1017

00:38:33,190 --> 00:38:30,240

in historic homes for over 35 years won

1018

00:38:35,510 --> 00:38:33,200

awards with my uh restoration of those

1019

00:38:36,790 --> 00:38:35,520

homes and there was definitely an energy

1020

00:38:38,710 --> 00:38:36,800

in those homes

1021

00:38:40,870 --> 00:38:38,720

that you could sense and feel and

1022

00:38:43,030 --> 00:38:40,880

sometimes hear and and that definitely

1023

00:38:45,750 --> 00:38:43,040

helped me with my senses but

1024

00:38:48,550 --> 00:38:45,760

in the year 2000 a family secret came

1025

00:38:50,710 --> 00:38:48,560

out it was a 53 year old family secret

1026
00:38:53,109 --> 00:38:50,720
at the time that i had a brother giving

1027
00:38:54,069 --> 00:38:53,119
up at birth for adoption

1028
00:38:55,670 --> 00:38:54,079
and

1029
00:38:57,990 --> 00:38:55,680
i had

1030
00:39:00,390 --> 00:38:58,000
four sisters and no brother

1031
00:39:02,550 --> 00:39:00,400
and my parents were divorced and my

1032
00:39:03,589 --> 00:39:02,560
mother told one story and my father told

1033
00:39:06,150 --> 00:39:03,599
another

1034
00:39:07,910 --> 00:39:06,160
and um the leave it to beaver family

1035
00:39:09,829 --> 00:39:07,920
just turned into married with children

1036
00:39:11,190 --> 00:39:09,839
and we were the biggest fighting family

1037
00:39:13,109 --> 00:39:11,200
you ever saw

1038
00:39:15,109 --> 00:39:13,119

um and we just

1039

00:39:16,710 --> 00:39:15,119

you know it sent me down the rabbit hole

1040

00:39:18,310 --> 00:39:16,720

i mean i just thought my whole life was

1041

00:39:21,589 --> 00:39:18,320

a lie and

1042

00:39:23,589 --> 00:39:21,599

and uh it it just really you know threw

1043

00:39:26,550 --> 00:39:23,599

me for a loop and i started searching

1044

00:39:28,550 --> 00:39:26,560

for the for the real answers to life and

1045

00:39:31,270 --> 00:39:28,560

in that search i came across during

1046

00:39:33,349 --> 00:39:31,280

virtue and and she had a book of prayers

1047

00:39:35,270 --> 00:39:33,359

to the angels and as i started doing

1048

00:39:36,390 --> 00:39:35,280

those prayers i started hearing the

1049

00:39:39,829 --> 00:39:36,400

whispers

1050

00:39:40,550 --> 00:39:39,839

of them really small short at first but

1051

00:39:42,630 --> 00:39:40,560

then

1052

00:39:45,270 --> 00:39:42,640

stronger and stronger and so that's why

1053

00:39:47,430 --> 00:39:45,280

i went to her workshop and and started

1054

00:39:49,109 --> 00:39:47,440

learning more and in that workshop

1055

00:39:51,349 --> 00:39:49,119

i found out i had a little gift of

1056

00:39:53,750 --> 00:39:51,359

making that connection and that that's

1057

00:39:55,750 --> 00:39:53,760

what i really took that to a further

1058

00:39:57,670 --> 00:39:55,760

level and and then for anyone that

1059

00:39:59,829 --> 00:39:57,680

really wants is interested in in that

1060

00:40:00,950 --> 00:39:59,839

subject and wants to know more about how

1061

00:40:04,390 --> 00:40:00,960

to do it

1062

00:40:06,390 --> 00:40:04,400

uh i started in 2007 doing a weekly blog

1063

00:40:08,150 --> 00:40:06,400

called the the the angel whispers where

1064

00:40:08,950 --> 00:40:08,160

i channel a message

1065

00:40:12,150 --> 00:40:08,960

and

1066

00:40:15,589 --> 00:40:12,160

i've done it every week since over uh

1067

00:40:17,910 --> 00:40:15,599

500 weeks now that i've done it and what

1068

00:40:19,349 --> 00:40:17,920

came to me even recently keith was it

1069

00:40:20,950 --> 00:40:19,359

was a practice

1070

00:40:22,069 --> 00:40:20,960

just like practicing your your

1071

00:40:24,390 --> 00:40:22,079

instrument

1072

00:40:26,390 --> 00:40:24,400

and and i realized that it was that

1073

00:40:27,430 --> 00:40:26,400

practice that helped me improve my

1074

00:40:30,150 --> 00:40:27,440

skills

1075

00:40:32,710 --> 00:40:30,160

uh to the point to where um

1076

00:40:34,870 --> 00:40:32,720

i can do it under extreme circumstances

1077

00:40:37,270 --> 00:40:34,880

right now and do it on demand

1078

00:40:38,870 --> 00:40:37,280

uh so to speak but it's it's an art form

1079

00:40:40,069 --> 00:40:38,880

just like playing an instrument where if

1080

00:40:42,950 --> 00:40:40,079

you don't practice your instrument

1081

00:40:45,510 --> 00:40:42,960

you're not going to get that good at it

1082

00:40:47,750 --> 00:40:45,520

so are we all hearing i would say yes

1083

00:40:50,390 --> 00:40:47,760

but are we all hearing actual

1084

00:40:52,069 --> 00:40:50,400

angelic messages all the time but that

1085

00:40:54,470 --> 00:40:52,079

for many people there's just too much

1086

00:40:56,630 --> 00:40:54,480

noise and that you went to school or

1087

00:40:58,790 --> 00:40:56,640

some people go to school to learn how to

1088

00:41:00,230 --> 00:40:58,800

differentiate between

1089

00:41:02,950 --> 00:41:00,240

not only the noise

1090

00:41:05,030 --> 00:41:02,960

but the things that we hope would happen

1091

00:41:07,349 --> 00:41:05,040

compared to a real message i think we do

1092

00:41:08,630 --> 00:41:07,359

i think we seamlessly do it at times

1093

00:41:11,270 --> 00:41:08,640

where we're we're channeling our

1094

00:41:13,349 --> 00:41:11,280

ancestors our angels our guides and it's

1095

00:41:15,109 --> 00:41:13,359

coming into our head and we're going is

1096

00:41:17,510 --> 00:41:15,119

that my thought or we don't have the

1097

00:41:19,750 --> 00:41:17,520

trust to to know the difference but

1098

00:41:22,309 --> 00:41:19,760

after you and you thank you you'll

1099

00:41:24,950 --> 00:41:22,319

appreciate this kid after a while you

1100

00:41:27,190 --> 00:41:24,960

can differentiate between the vibration

1101
00:41:29,589 --> 00:41:27,200
that's coming in your head the vibration

1102
00:41:31,109 --> 00:41:29,599
is different when it's outside of us and

1103
00:41:33,670 --> 00:41:31,119
you can tell the difference in that

1104
00:41:35,270 --> 00:41:33,680
vibration but the main thing keith that

1105
00:41:37,270 --> 00:41:35,280
i found out about channeling the

1106
00:41:39,750 --> 00:41:37,280
whispers of spirit is they're

1107
00:41:42,309 --> 00:41:39,760
intelligent and they're more intelligent

1108
00:41:44,230 --> 00:41:42,319
than i am so the intelligence of their

1109
00:41:47,030 --> 00:41:44,240
message comes through in a way that

1110
00:41:49,030 --> 00:41:47,040
gives you that aha moment oh wow i could

1111
00:41:51,510 --> 00:41:49,040
not have possibly thought about that

1112
00:41:53,990 --> 00:41:51,520
myself and then the other thing is the

1113
00:41:56,630 --> 00:41:54,000

akasha which is what you've you talked

1114

00:41:58,950 --> 00:41:56,640

about earlier the fabric of our universe

1115

00:42:01,510 --> 00:41:58,960

holds every dream every intention every

1116

00:42:04,790 --> 00:42:01,520

thought every lifetime past present and

1117

00:42:07,109 --> 00:42:04,800

future and we can access that record of

1118

00:42:09,430 --> 00:42:07,119

our earth and that's where crystals come

1119

00:42:12,230 --> 00:42:09,440

into because they are the record keepers

1120

00:42:14,950 --> 00:42:12,240

of our earth and so we can use them as a

1121

00:42:16,870 --> 00:42:14,960

as an antenna to really access those

1122

00:42:19,270 --> 00:42:16,880

records but i think we do that

1123

00:42:21,109 --> 00:42:19,280

seamlessly too where we don't realize

1124

00:42:23,910 --> 00:42:21,119

we're accessing that history of our

1125

00:42:25,510 --> 00:42:23,920

planet and of our lives supposedly back

1126
00:42:27,430 --> 00:42:25,520
in the atlantean times they would have

1127
00:42:29,510 --> 00:42:27,440
crystals and they'd take a crystal and

1128
00:42:32,230 --> 00:42:29,520
put it to their third eye and they would

1129
00:42:33,750 --> 00:42:32,240
send information in it now uh later down

1130
00:42:34,870 --> 00:42:33,760
the road someone found that crystal and

1131
00:42:36,470 --> 00:42:34,880
put it in their third eye they can

1132
00:42:39,670 --> 00:42:36,480
retrieve that information just like it

1133
00:42:41,670 --> 00:42:39,680
was a library it the crystals store

1134
00:42:42,710 --> 00:42:41,680
information the crystal you have in your

1135
00:42:45,270 --> 00:42:42,720
phone that

1136
00:42:46,309 --> 00:42:45,280
has you know a microchip it's all

1137
00:42:47,910 --> 00:42:46,319
crystals

1138
00:42:50,790 --> 00:42:47,920

yeah the crystal they use in lenaps

1139

00:42:52,870 --> 00:42:50,800

surgeries to to put light in your gums

1140

00:42:54,710 --> 00:42:52,880

you know we're using crystals in

1141

00:42:56,470 --> 00:42:54,720

weaponry for communication we use

1142

00:42:58,870 --> 00:42:56,480

crystals all the time i do that with

1143

00:43:00,790 --> 00:42:58,880

people keith i put the the crystal right

1144

00:43:03,349 --> 00:43:00,800

up to their mind's eye and do a crystal

1145

00:43:05,270 --> 00:43:03,359

clearing with them and so it is

1146

00:43:06,470 --> 00:43:05,280

something that activates energy and

1147

00:43:07,829 --> 00:43:06,480

creates a

1148

00:43:09,990 --> 00:43:07,839

it's like putting

1149

00:43:11,829 --> 00:43:10,000

it's like connecting on a phone line

1150

00:43:13,510 --> 00:43:11,839

when you uh do something like that

1151

00:43:16,790 --> 00:43:13,520

there's cautions and you should do it

1152

00:43:19,589 --> 00:43:16,800

with intent and and you know with a with

1153

00:43:21,750 --> 00:43:19,599

the power of discernment but it is

1154

00:43:23,829 --> 00:43:21,760

something that is a um

1155

00:43:26,230 --> 00:43:23,839

a record of our of our journey that we

1156

00:43:27,990 --> 00:43:26,240

can access and and find out more about

1157

00:43:30,470 --> 00:43:28,000

who we are as people through the use of

1158

00:43:32,230 --> 00:43:30,480

these devices

1159

00:43:34,309 --> 00:43:32,240

so if there was

1160

00:43:36,390 --> 00:43:34,319

an actual physical

1161

00:43:38,550 --> 00:43:36,400

brick-and-mortar building of the akashic

1162

00:43:40,390 --> 00:43:38,560

hall of records and you can

1163

00:43:41,829 --> 00:43:40,400

spiritually drive up to it and get out

1164

00:43:43,829 --> 00:43:41,839

of your car

1165

00:43:45,109 --> 00:43:43,839

um i would think this thing would be

1166

00:43:46,390 --> 00:43:45,119

built off crystal and all the

1167

00:43:49,190 --> 00:43:46,400

information you know you want to find

1168

00:43:50,550 --> 00:43:49,200

russell forsyth's file uh you know you

1169

00:43:53,349 --> 00:43:50,560

walk down this hall and there's a

1170

00:43:54,470 --> 00:43:53,359

particular stalagmite crystals and vice

1171

00:43:56,390 --> 00:43:54,480

versa right

1172

00:43:58,230 --> 00:43:56,400

yeah well you you'll like this keith uh

1173

00:43:59,990 --> 00:43:58,240

i had a client on my life table one time

1174

00:44:02,470 --> 00:44:00,000

and she was in the zone and doing her

1175

00:44:04,390 --> 00:44:02,480

thing she stood straight up and looked

1176

00:44:05,910 --> 00:44:04,400

at me said you know you've been in

1177

00:44:08,870 --> 00:44:05,920

atlantis

1178

00:44:11,030 --> 00:44:08,880

and i said well tell me more she said

1179

00:44:13,349 --> 00:44:11,040

you were stefano

1180

00:44:15,990 --> 00:44:13,359

your name was stefano itano in atlantis

1181

00:44:18,069 --> 00:44:16,000

and i go well thank you for that but um

1182

00:44:20,150 --> 00:44:18,079

but you know i don't i don't know for

1183

00:44:22,069 --> 00:44:20,160

sure anything like that but i will tell

1184

00:44:24,870 --> 00:44:22,079

you when i'm accessing the akashic

1185

00:44:27,829 --> 00:44:24,880

records it's a lot like you describe i

1186

00:44:29,270 --> 00:44:27,839

go into a vast library and i go to a

1187

00:44:31,510 --> 00:44:29,280

place where there's a book with my

1188

00:44:34,309 --> 00:44:31,520

client's name on it and the book opens

1189

00:44:35,349 --> 00:44:34,319

and a little movie plays or a soundtrack

1190

00:44:37,750 --> 00:44:35,359

comes out

1191

00:44:40,470 --> 00:44:37,760

something shows up that helps me it

1192

00:44:42,230 --> 00:44:40,480

gives me information about that person

1193

00:44:43,990 --> 00:44:42,240

so that may be

1194

00:44:46,069 --> 00:44:44,000

you know the russell way of of

1195

00:44:46,870 --> 00:44:46,079

interpretation interpreting what's going

1196

00:44:48,950 --> 00:44:46,880

on

1197

00:44:51,510 --> 00:44:48,960

but but what you described is really

1198

00:44:52,550 --> 00:44:51,520

close to what i see

1199

00:44:53,990 --> 00:44:52,560

wow

1200

00:44:55,990 --> 00:44:54,000

maybe i need to do some more work

1201

00:44:57,670 --> 00:44:56,000

surrounding the akashic hall of records

1202

00:44:59,430 --> 00:44:57,680

i've done some it's never been something

1203

00:45:01,349 --> 00:44:59,440

i was really pulled in as i'm not

1204

00:45:02,150 --> 00:45:01,359

opposed to it i love the idea of knowing

1205

00:45:06,550 --> 00:45:02,160

that

1206

00:45:09,589 --> 00:45:06,560

we likely could potentially do it's all

1207

00:45:11,910 --> 00:45:09,599

being recorded it makes sense to me that

1208

00:45:13,829 --> 00:45:11,920

everything is recorded there's evidence

1209

00:45:15,990 --> 00:45:13,839

for all time of everything that's ever

1210

00:45:17,190 --> 00:45:16,000

happened uh it's it's a beautiful idea

1211

00:45:18,950 --> 00:45:17,200

to me

1212

00:45:21,030 --> 00:45:18,960

yeah and you know these crystals that we

1213

00:45:22,870 --> 00:45:21,040

get these electronic great uh quartz

1214

00:45:24,790 --> 00:45:22,880

crystals you know when you start

1215

00:45:26,710 --> 00:45:24,800

communicating some of them will

1216

00:45:27,990 --> 00:45:26,720

communicate that they're a million years

1217

00:45:30,230 --> 00:45:28,000

old

1218

00:45:32,790 --> 00:45:30,240

and think about that as a record keeper

1219

00:45:35,589 --> 00:45:32,800

of our earth it's layer after layer

1220

00:45:37,750 --> 00:45:35,599

after layer and what is in those layers

1221

00:45:40,069 --> 00:45:37,760

and it's it's very possible that we as

1222

00:45:42,230 --> 00:45:40,079

human beings are the same way we are

1223

00:45:45,190 --> 00:45:42,240

made up of layer after layer after layer

1224

00:45:47,430 --> 00:45:45,200

of the soul that takes on a human form

1225

00:45:49,589 --> 00:45:47,440

through incarnation and in each one of

1226

00:45:52,550 --> 00:45:49,599

those layers there is information that

1227

00:45:54,630 --> 00:45:52,560

is valuable to us and it's it's not as

1228

00:45:56,950 --> 00:45:54,640

hard as some people make it out to be i

1229

00:45:59,349 --> 00:45:56,960

think the the the challenging thing is

1230

00:46:01,270 --> 00:45:59,359

the trust that comes along

1231

00:46:04,069 --> 00:46:01,280

with it and and one thing i liked about

1232

00:46:05,589 --> 00:46:04,079

dr marcel vogel in his workshops people

1233

00:46:09,109 --> 00:46:05,599

would say what do you think about

1234

00:46:11,750 --> 00:46:09,119

phenomenon and he would say what's that

1235

00:46:14,150 --> 00:46:11,760

you know it's all our experience there's

1236

00:46:16,230 --> 00:46:14,160

nothing of a phenomenon with it it's

1237

00:46:19,589 --> 00:46:16,240

just what we're experiencing in this in

1238

00:46:24,870 --> 00:46:21,510

someone recently shared with me that

1239

00:46:27,030 --> 00:46:24,880

there's a place in nepal

1240

00:46:29,510 --> 00:46:27,040

if you were able to

1241

00:46:32,309 --> 00:46:29,520

probably not be able to touch this book

1242

00:46:35,109 --> 00:46:32,319

but if a master monk was to open it up

1243

00:46:36,230 --> 00:46:35,119

for you it would show the entire log of

1244

00:46:39,030 --> 00:46:36,240

your life

1245

00:46:40,710 --> 00:46:39,040

to you actually looking it will actually

1246

00:46:42,870 --> 00:46:40,720

say you are looking at this book right

1247

00:46:44,870 --> 00:46:42,880

now i mean it logs everything have you

1248

00:46:48,309 --> 00:46:44,880

ever heard of anything like that russell

1249

00:46:50,870 --> 00:46:48,319

well just just this weekend i did a a

1250

00:46:52,630 --> 00:46:50,880

workshop on soul retrieval and on past

1251

00:46:54,790 --> 00:46:52,640

lives and i did a meditation with

1252

00:46:56,230 --> 00:46:54,800

everyone in the group and it was people

1253

00:46:58,230 --> 00:46:56,240

that have been doing a lot of spiritual

1254

00:47:00,790 --> 00:46:58,240

work and people that are just beginning

1255

00:47:03,349 --> 00:47:00,800

on their journey almost every single one

1256

00:47:05,109 --> 00:47:03,359

of them accessed their akashic records

1257

00:47:07,190 --> 00:47:05,119

in the book of their soul

1258

00:47:09,670 --> 00:47:07,200

and and what i think is some of these

1259

00:47:11,109 --> 00:47:09,680

places on the earth are power places

1260

00:47:13,430 --> 00:47:11,119

they they make it

1261

00:47:15,270 --> 00:47:13,440

you know much easier to open up to those

1262

00:47:18,069 --> 00:47:15,280

energies and that's why we have sacred

1263

00:47:18,870 --> 00:47:18,079

places on this earth like stonehenge and

1264

00:47:21,510 --> 00:47:18,880

and

1265

00:47:22,630 --> 00:47:21,520

um you know the the different spiritual

1266

00:47:25,030 --> 00:47:22,640

places

1267

00:47:27,910 --> 00:47:25,040

on our earth because you know that those

1268

00:47:30,390 --> 00:47:27,920

people from ancient times got a a lot of

1269

00:47:32,710 --> 00:47:30,400

accurate information from those places

1270

00:47:34,550 --> 00:47:32,720

so yeah i think it's uh

1271

00:47:37,430 --> 00:47:34,560

you know you you hit one of those sacred

1272

00:47:40,230 --> 00:47:37,440

places with a a crystal device like we

1273

00:47:42,950 --> 00:47:40,240

use and and look out you'll

1274

00:47:44,710 --> 00:47:42,960

you'll open up some information quick

1275

00:47:47,910 --> 00:47:44,720

i wonder would it be like to go to those

1276

00:47:52,470 --> 00:47:47,920

any of those sacred places um

1277

00:47:55,430 --> 00:47:53,349

well

1278

00:47:57,030 --> 00:47:55,440

you know people people that experience

1279

00:47:59,829 --> 00:47:57,040

the light table some of them say it's

1280

00:48:01,750 --> 00:47:59,839

like an lsd trip um it's like you know

1281

00:48:04,309 --> 00:48:01,760

it's like doing drugs

1282

00:48:06,470 --> 00:48:04,319

they travel other dimensions and and

1283

00:48:08,630 --> 00:48:06,480

part of my dream is to take

1284

00:48:09,750 --> 00:48:08,640

these tables out to those sacred places

1285

00:48:12,150 --> 00:48:09,760

and and

1286

00:48:14,150 --> 00:48:12,160

you know go on a journey so

1287

00:48:15,589 --> 00:48:14,160

i can relate

1288

00:48:17,430 --> 00:48:15,599

so what does the future look like for

1289

00:48:18,550 --> 00:48:17,440

you sir as far as what you consciously

1290

00:48:20,390 --> 00:48:18,560

know you're going to be bringing down

1291

00:48:22,710 --> 00:48:20,400

the pipe

1292

00:48:24,230 --> 00:48:22,720

well um i've got a seven level program

1293

00:48:26,549 --> 00:48:24,240

that takes people from just the

1294

00:48:28,710 --> 00:48:26,559

beginnings to an advanced uh master's

1295

00:48:29,910 --> 00:48:28,720

level of energy assessment i do think

1296

00:48:32,950 --> 00:48:29,920

one day

1297

00:48:35,510 --> 00:48:32,960

we will be working more closely with

1298

00:48:37,589 --> 00:48:35,520

alter with the traditional medicine to

1299

00:48:39,270 --> 00:48:37,599

provide alternative support i'm already

1300

00:48:41,430 --> 00:48:39,280

doing it now with a lot of people with

1301

00:48:43,990 --> 00:48:41,440

severe illnesses and seeing great

1302

00:48:46,150 --> 00:48:44,000

results and

1303

00:48:47,349 --> 00:48:46,160

my hope is to get these light tables

1304

00:48:49,750 --> 00:48:47,359

into

1305

00:48:52,549 --> 00:48:49,760

centers that are working

1306

00:48:55,589 --> 00:48:52,559

with traditional medicine and maybe even

1307

00:48:58,069 --> 00:48:55,599

doing something to

1308

00:49:00,069 --> 00:48:58,079

certify people in the area to work in

1309

00:49:02,549 --> 00:49:00,079

harmony with with modern medicine i do

1310

00:49:05,190 --> 00:49:02,559

think it's the medicine of the future

1311

00:49:07,190 --> 00:49:05,200

but i'm i'm i thought you know

1312

00:49:08,950 --> 00:49:07,200

i thought i was done after seven levels

1313

00:49:11,109 --> 00:49:08,960

but level eight is coming in right now

1314

00:49:13,990 --> 00:49:11,119

and i think it's going to revolve around

1315

00:49:15,589 --> 00:49:14,000

spiritual dna vibrations that when we

1316

00:49:17,750 --> 00:49:15,599

have a missing

1317

00:49:20,950 --> 00:49:17,760

part of our energy that's a missing

1318

00:49:23,990 --> 00:49:20,960

vibration much like the bad note on a on

1319

00:49:26,390 --> 00:49:24,000

a piano keyboard that we quit playing

1320

00:49:29,270 --> 00:49:26,400

because that note sounds bad

1321

00:49:30,710 --> 00:49:29,280

i think that we can fill that note and

1322

00:49:33,910 --> 00:49:30,720

help people

1323

00:49:36,630 --> 00:49:33,920

evolve spiritually through a type of

1324

00:49:38,950 --> 00:49:36,640

dna at the soul level and i've already

1325

00:49:41,510 --> 00:49:38,960

been getting information about using

1326

00:49:45,670 --> 00:49:41,520

wavelength frequencies to

1327

00:49:47,589 --> 00:49:45,680

heal and and repair people's dna and and

1328

00:49:49,430 --> 00:49:47,599

i think that's also part of the future

1329

00:49:52,150 --> 00:49:49,440

but it's a it's a little daunting

1330

00:49:53,589 --> 00:49:52,160

because the information seems uh pretty

1331

00:49:54,870 --> 00:49:53,599

pretty um

1332

00:49:56,870 --> 00:49:54,880

uh

1333

00:50:00,470 --> 00:49:56,880

full there's a lot of information there

1334

00:50:02,710 --> 00:50:00,480

to to access but uh i'm excited about it

1335

00:50:04,710 --> 00:50:02,720

and and uh looking forward to having

1336

00:50:06,309 --> 00:50:04,720

time for it

1337

00:50:08,069 --> 00:50:06,319

so when you travel out of town you do

1338

00:50:09,990 --> 00:50:08,079

presentations obviously

1339

00:50:12,549 --> 00:50:10,000

but i'm so i'm sure that after you do

1340

00:50:15,109 --> 00:50:12,559

said presentation to explain what is

1341

00:50:17,670 --> 00:50:15,119

happening then people are signing up for

1342

00:50:18,950 --> 00:50:17,680

the actual session yes

1343

00:50:21,349 --> 00:50:18,960

absolutely

1344

00:50:23,829 --> 00:50:21,359

can i do a talk without people saying i

1345

00:50:25,190 --> 00:50:23,839

want to try that out yeah i'll dig that

1346

00:50:26,870 --> 00:50:25,200

you know how not that you need my help

1347

00:50:28,870 --> 00:50:26,880

but however i can help you know i do

1348

00:50:31,190 --> 00:50:28,880

have a network of large group of people

1349

00:50:34,150 --> 00:50:31,200

who may be very very interested who are

1350

00:50:36,390 --> 00:50:34,160

doing energy work reiki uh crystal bowls

1351
00:50:37,990 --> 00:50:36,400
light therapy but have not come across

1352
00:50:40,390 --> 00:50:38,000
nor um

1353
00:50:42,309 --> 00:50:40,400
know who you are to be able to uh be

1354
00:50:44,870 --> 00:50:42,319
interested in learning your technique

1355
00:50:47,030 --> 00:50:44,880
with cert such table

1356
00:50:49,190 --> 00:50:47,040
well i have a

1357
00:50:51,670 --> 00:50:49,200
table in new york have one in australia

1358
00:50:53,910 --> 00:50:51,680
just put one in california have new

1359
00:50:57,270 --> 00:50:53,920
mexico

1360
00:50:59,589 --> 00:50:57,280
in georgia and texas and what i would

1361
00:51:01,990 --> 00:50:59,599
love to do is is have someone with a

1362
00:51:04,069 --> 00:51:02,000
network that would sponsor me just by

1363
00:51:05,829 --> 00:51:04,079

when i say sponsor just putting out to

1364

00:51:07,670 --> 00:51:05,839

their people and let me come in and do

1365

00:51:10,069 --> 00:51:07,680

demonstrations and workshops and maybe

1366

00:51:11,510 --> 00:51:10,079

even sessions for a week or so in in

1367

00:51:13,270 --> 00:51:11,520

your area and

1368

00:51:15,030 --> 00:51:13,280

i would love love to connect with you

1369

00:51:16,390 --> 00:51:15,040

like that

1370

00:51:18,790 --> 00:51:16,400

yeah we can definitely be in touch with

1371

00:51:21,190 --> 00:51:18,800

i i like i have so many irons and so

1372

00:51:22,549 --> 00:51:21,200

many fires people say how do you find

1373

00:51:24,069 --> 00:51:22,559

time to do what you do keith i said well

1374

00:51:25,670 --> 00:51:24,079

when you do what you love if love is

1375

00:51:27,109 --> 00:51:25,680

eternal

1376

00:51:28,950 --> 00:51:27,119

time finds you

1377

00:51:31,109 --> 00:51:28,960

you have to work a day in your life

1378

00:51:32,470 --> 00:51:31,119

right right russell uh we are slowly but

1379

00:51:33,510 --> 00:51:32,480

surely come to the top right we still

1380

00:51:35,270 --> 00:51:33,520

got a few more minutes is there

1381

00:51:36,710 --> 00:51:35,280

something that i might be leaving out

1382

00:51:38,549 --> 00:51:36,720

that you might want to hit on before we

1383

00:51:39,990 --> 00:51:38,559

get to the top of the hour

1384

00:51:41,990 --> 00:51:40,000

well i'd love for people to go to my

1385

00:51:46,069 --> 00:51:42,000

website and try and sign up for my

1386

00:51:49,109 --> 00:51:46,079

weekly channel whisper it's a very short

1387

00:51:51,190 --> 00:51:49,119

it's about 500 words every week and

1388

00:51:53,109 --> 00:51:51,200

i get a lot of great feedback from

1389

00:51:55,030 --> 00:51:53,119

people on that and helps me connect with

1390

00:51:57,510 --> 00:51:55,040

people too it's a free newsletter it

1391

00:51:59,750 --> 00:51:57,520

only comes out sunday morning at 5 55

1392

00:52:02,230 --> 00:51:59,760

a.m every sunday i don't inundate people

1393

00:52:04,390 --> 00:52:02,240

with emails because i don't like

1394

00:52:06,309 --> 00:52:04,400

that to happen to me i only

1395

00:52:06,950 --> 00:52:06,319

have people that really sign up and want

1396

00:52:08,630 --> 00:52:06,960

it

1397

00:52:11,109 --> 00:52:08,640

to um uh

1398

00:52:12,710 --> 00:52:11,119

to to receive it i don't i don't like

1399

00:52:15,430 --> 00:52:12,720

anyone that signs me up for something

1400

00:52:16,470 --> 00:52:15,440

that i didn't agree to so i'm i'm kind

1401

00:52:18,390 --> 00:52:16,480

of

1402

00:52:20,230 --> 00:52:18,400

cautious about that but i would love for

1403

00:52:21,670 --> 00:52:20,240

people to do that and and to send me a

1404

00:52:23,670 --> 00:52:21,680

note and tell me what they think about

1405

00:52:24,790 --> 00:52:23,680

the channeling and and just connect with

1406

00:52:26,790 --> 00:52:24,800

me that way

1407

00:52:29,190 --> 00:52:26,800

first note just came in dana from the

1408

00:52:31,829 --> 00:52:29,200

chat room says i'd love to do this in

1409

00:52:34,710 --> 00:52:31,839

fact i met dana a couple of years ago

1410

00:52:36,470 --> 00:52:34,720

and since then um she's got on a

1411

00:52:38,710 --> 00:52:36,480

spiritual conscious walk

1412

00:52:40,390 --> 00:52:38,720

and she's learning spiritual healing

1413

00:52:42,790 --> 00:52:40,400

technique after technique she's doing

1414

00:52:44,549 --> 00:52:42,800

reiki she's doing this she's doing that

1415

00:52:46,390 --> 00:52:44,559

so she says i would love to do that i

1416

00:52:48,470 --> 00:52:46,400

would probably bet

1417

00:52:50,390 --> 00:52:48,480

that your email box is going to tickle

1418

00:52:52,470 --> 00:52:50,400

your ear real soon

1419

00:52:54,950 --> 00:52:52,480

i tell you what she'll be happy to know

1420

00:52:57,349 --> 00:52:54,960

that what the crystal light table is

1421

00:53:00,470 --> 00:52:57,359

it's a reiki crystal grid for the human

1422

00:53:01,990 --> 00:53:00,480

body and it's a no-brainer device and so

1423

00:53:03,829 --> 00:53:02,000

there's you don't even have to touch

1424

00:53:06,150 --> 00:53:03,839

anybody you just operate it it's a

1425

00:53:08,230 --> 00:53:06,160

really simple thing and as the light

1426

00:53:10,950 --> 00:53:08,240

tables get out there they connect with

1427

00:53:13,270 --> 00:53:10,960

each other and they create a a flow of

1428

00:53:15,030 --> 00:53:13,280

love between practitioners and so they

1429

00:53:15,990 --> 00:53:15,040

get more powerful the more we get out

1430

00:53:17,829 --> 00:53:16,000

there

1431

00:53:19,589 --> 00:53:17,839

wow wow wow

1432

00:53:21,990 --> 00:53:19,599

right there they're they're become

1433

00:53:24,069 --> 00:53:22,000

sentient conscious beings right

1434

00:53:26,309 --> 00:53:24,079

dig that exactly

1435

00:53:28,230 --> 00:53:26,319

i saw the light bulb go off yeah yeah

1436

00:53:29,829 --> 00:53:28,240

right right it's all one energy and so

1437

00:53:32,390 --> 00:53:29,839

yeah this one is resonating and this one

1438

00:53:34,230 --> 00:53:32,400

is resonating you know like i say um

1439

00:53:36,549 --> 00:53:34,240

what's this what's the uh

1440

00:53:38,470 --> 00:53:36,559

uh resonance uh sympathetic resonance

1441

00:53:39,829 --> 00:53:38,480

you play a guitar you play an a chord on

1442

00:53:41,270 --> 00:53:39,839

a guitar and there's a guitar over there

1443

00:53:42,950 --> 00:53:41,280

they understand and no one's touching

1444

00:53:43,910 --> 00:53:42,960

the a string on that guitar begins to

1445

00:53:44,790 --> 00:53:43,920

vibrate

1446

00:53:46,790 --> 00:53:44,800

yes

1447

00:53:49,349 --> 00:53:46,800

so same thing would be true crosstalk

1448

00:53:51,349 --> 00:53:49,359

you know like vibrations resonate each

1449

00:53:52,309 --> 00:53:51,359

other they all begin to illuminate and

1450

00:53:54,150 --> 00:53:52,319

begin to

1451

00:53:56,390 --> 00:53:54,160

harmonize there's a word right it

1452

00:53:58,549 --> 00:53:56,400

travels across the magnetic domain that

1453

00:54:00,630 --> 00:53:58,559

surrounds this earth to connect

1454

00:54:02,390 --> 00:54:00,640

and we just realized that they that this

1455

00:54:04,630 --> 00:54:02,400

is what's happening that they're getting

1456

00:54:06,950 --> 00:54:04,640

more more power as we have more people

1457

00:54:08,309 --> 00:54:06,960

using them so we need some more we need

1458

00:54:10,390 --> 00:54:08,319

more on the east coast or in the eastern

1459

00:54:12,069 --> 00:54:10,400

part of the u.s for sure

1460

00:54:13,990 --> 00:54:12,079

do you ever come through the mid-south

1461

00:54:16,950 --> 00:54:14,000

memphis way

1462

00:54:18,230 --> 00:54:16,960

um i have but it it's been a while since

1463

00:54:19,990 --> 00:54:18,240

i've since i've done that i used to

1464

00:54:21,589 --> 00:54:20,000

travel a little more before i did the

1465

00:54:24,390 --> 00:54:21,599

light table work because i'm so busy

1466

00:54:27,270 --> 00:54:24,400

with sessions but uh it's time for me to

1467

00:54:29,510 --> 00:54:27,280

get out there and do more demonstrations

1468

00:54:30,870 --> 00:54:29,520

i'm about to get out in the the field

1469

00:54:33,030 --> 00:54:30,880

myself russell it's been something i

1470

00:54:35,270 --> 00:54:33,040

didn't want to do for many years

1471

00:54:37,510 --> 00:54:35,280

um i i'm full-time musician so i'm

1472

00:54:39,910 --> 00:54:37,520

trying to find the right way to balance

1473

00:54:42,069 --> 00:54:39,920

moving from full-time musician to

1474

00:54:44,549 --> 00:54:42,079

full-time most time uh author

1475

00:54:46,069 --> 00:54:44,559

presentation teacher kind of guy

1476

00:54:48,069 --> 00:54:46,079

but i will always play music that's

1477

00:54:50,230 --> 00:54:48,079

where my heart is but i'm really wanting

1478

00:54:52,069 --> 00:54:50,240

to move into the field so maybe at some

1479

00:54:53,430 --> 00:54:52,079

point you and i can dialogue and maybe

1480

00:54:55,030 --> 00:54:53,440

give you some pointers about how to

1481

00:54:56,790 --> 00:54:55,040

actually do that make my transition a

1482

00:54:58,870 --> 00:54:56,800

little more smoother have you ever been

1483

00:55:01,829 --> 00:54:58,880

to austin texas

1484

00:55:03,829 --> 00:55:01,839

it looks like i'm coming

1485

00:55:05,430 --> 00:55:03,839

it's a music town for one thing and it's

1486

00:55:07,430 --> 00:55:05,440

a good place to promote your book for

1487

00:55:08,790 --> 00:55:07,440

another so i'll tell you what that might

1488

00:55:10,630 --> 00:55:08,800

be a good uh

1489

00:55:12,390 --> 00:55:10,640

let me think about that because i have

1490

00:55:15,910 --> 00:55:12,400

different in austin uh he has a

1491

00:55:17,829 --> 00:55:15,920

phenomenal band called del castillo it's

1492

00:55:19,910 --> 00:55:17,839

a progressive flamenco man if you ever

1493

00:55:21,750 --> 00:55:19,920

get the chance and you want to be wild

1494

00:55:24,309 --> 00:55:21,760

go watch the two brother guitar plays it

1495

00:55:26,390 --> 00:55:24,319

will just level you phenomenal

1496

00:55:28,790 --> 00:55:26,400

yeah del castillo uh we're at the top of

1497

00:55:30,470 --> 00:55:28,800

the hour my friend my brother my new uh

1498

00:55:31,750 --> 00:55:30,480

guest who i really enjoyed the show

1499

00:55:33,829 --> 00:55:31,760

would you give out your contact

1500

00:55:35,430 --> 00:55:33,839

information once more and leave us with

1501

00:55:37,910 --> 00:55:35,440

a final thought please

1502

00:55:40,950 --> 00:55:37,920

okay uh you all are the website russell

1503

00:55:42,870 --> 00:55:40,960

forsyth.com the iel institute we're on

1504

00:55:45,750 --> 00:55:42,880

facebook with the forsyth crystal light

1505

00:55:47,510 --> 00:55:45,760

table in the iel we have a crystal store

1506

00:55:52,230 --> 00:55:47,520

crystal light and sound our number is

1507

00:55:56,390 --> 00:55:53,750

and

1508

00:55:58,549 --> 00:55:56,400

there is an astral bridge that connects

1509

00:56:00,309 --> 00:55:58,559

from our heart to the spiritual plane in

1510

00:56:02,549 --> 00:56:00,319

order to stand on that bridge you have

1511

00:56:04,950 --> 00:56:02,559

to pass through the fire of the heart

1512

00:56:06,069 --> 00:56:04,960

and what keeps you from having fear is

1513

00:56:08,950 --> 00:56:06,079

trust

1514

00:56:12,630 --> 00:56:08,960

and if you have that you can channel any

1515

00:56:14,390 --> 00:56:12,640

being at any time just trust yourself

1516

00:56:15,430 --> 00:56:14,400

pass through the fire stand on that

1517

00:56:20,630 --> 00:56:15,440

bridge

1518

00:56:24,950 --> 00:56:22,549

that was pretty juicy man i i've always

1519

00:56:28,230 --> 00:56:24,960

said that like it very differently but i

1520

00:56:31,030 --> 00:56:28,240

love that you resounded that is that

1521

00:56:33,430 --> 00:56:31,040

the stargate is the heart yes and the

1522

00:56:35,109 --> 00:56:33,440

password is responsibility

1523

00:56:37,829 --> 00:56:35,119

yes right

1524

00:56:41,670 --> 00:56:37,839

you when you can sign into that login

1525

00:56:44,789 --> 00:56:41,680

form log in form the internet internet

1526

00:56:46,549 --> 00:56:44,799

sole provider lets you in

1527

00:56:48,549 --> 00:56:46,559

you take it i dig it

1528

00:56:50,150 --> 00:56:48,559

i really enjoyed your time with me sir

1529

00:56:52,470 --> 00:56:50,160

it was i don't know

1530

00:56:53,910 --> 00:56:52,480

for sure um i'm going to be sending you

1531

00:56:55,750 --> 00:56:53,920

some information soon about everything

1532

00:56:57,750 --> 00:56:55,760

we talked about as well as uh

1533

00:56:58,950 --> 00:56:57,760

the archive of this video so thank you

1534

00:57:00,789 --> 00:56:58,960

for being here instead of light radio

1535

00:57:02,309 --> 00:57:00,799

this guy rocks

1536

00:57:05,109 --> 00:57:02,319

thank you thanks for having me we really

1537

00:57:06,789 --> 00:57:05,119

appreciate it enjoy your turn

1538

00:57:09,670 --> 00:57:06,799

next week on center of light radio my

1539

00:57:11,270 --> 00:57:09,680

guest is going to be d patrick miller

1540

00:57:12,470 --> 00:57:11,280

he came very highly recommended i don't

1541

00:57:13,589 --> 00:57:12,480

have the notes in front of me what the

1542

00:57:15,589 --> 00:57:13,599

show is going to be about you can bet

1543

00:57:17,829 --> 00:57:15,599

that my guess here on center light ready

1544

00:57:19,510 --> 00:57:17,839

or quality i'm about quality joe and i

1545

00:57:21,510 --> 00:57:19,520

had a conversation and agreement earlier

1546

00:57:24,710 --> 00:57:21,520

about quality

1547

00:57:26,230 --> 00:57:24,720

and also keep in mind august 5th and 6th

1548

00:57:27,510 --> 00:57:26,240

memphis metaphysical fair i'm gonna be

1549

00:57:29,990 --> 00:57:27,520

doing a talk about radical

1550

00:57:32,710 --> 00:57:30,000

transformation i'll push that button pop

1551

00:57:34,870 --> 00:57:32,720

you open i'll i will help activate your

1552

00:57:36,870 --> 00:57:34,880

peripheral awareness trust me it's not

1553

00:57:39,270 --> 00:57:36,880

cocky you call it what you like as long

1554

00:57:41,510 --> 00:57:39,280

as it works right and also in september

1555

00:57:42,470 --> 00:57:41,520

swamiji vista yogi god realized man from

1556

00:57:43,990 --> 00:57:42,480

india

1557

00:57:45,030 --> 00:57:44,000

i had the blessed opportunity to have

1558

00:57:46,710 --> 00:57:45,040

this man

1559

00:57:48,390 --> 00:57:46,720

rub me on my spine and activate some of

1560

00:57:49,750 --> 00:57:48,400

my kundalini and when you're around a

1561

00:57:52,870 --> 00:57:49,760

being like this it's not something to be

1562

00:57:55,349 --> 00:57:52,880

said it's about something to be felt

1563

00:57:57,030 --> 00:57:55,359

and your life will change center of

1564

00:57:58,069 --> 00:57:57,040

light radio every monday night 6 p.m

1565

00:58:00,150 --> 00:57:58,079

eastern

1566

00:58:01,670 --> 00:58:00,160

time i'm your host keith anthony blanche

1567

00:58:03,589 --> 00:58:01,680

when you lay down at night you have

1568

00:58:05,190 --> 00:58:03,599

nothing to do you might as well breathe

1569

00:58:06,789 --> 00:58:05,200

keith i breathe all the time breathe on

1570

00:58:08,150 --> 00:58:06,799

purpose bring with the intention to

1571

00:58:09,430 --> 00:58:08,160

punch through the ceiling of thought and

1572

00:58:11,910 --> 00:58:09,440

when you do

1573

00:58:13,510 --> 00:58:11,920

universal profound deafening silence

1574

00:58:16,789 --> 00:58:13,520

will engulf you

1575

00:58:20,090 --> 00:58:17,820

peace

1576

00:58:20,500 --> 00:58:20,100

[Music]

1577

00:58:37,590 --> 00:58:20,510

[Applause]

1578

00:58:37,600 --> 00:58:53,670

[Music]

1579

00:59:08,760 --> 00:58:56,760

see inside